



Northamptonshire  
County Council

**The National Dementia Strategy: Northamptonshire  
Implementation Plan 2012-13**

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Dementia Strategy  
Implementation Plan  
2012-2013**

**Delivering the Dementia Strategy For  
Northamptonshire**



*Corby Clinical Commissioning Group*



*Nene Clinical Commissioning Group*

## 1.0 The Strategic Context

### 1.1 The National Dementia Strategy

Published in 2009, the National Dementia Strategy<sup>1</sup> (NDS) is a response to the challenge that dementia presents to the Health and Social care system and to the widespread recognition that existing services are already inadequate, let alone sufficient to meet that challenge. The strategy identified 17 key objectives to be implemented in all localities; subsequently, a report by Professor Sube Banerjee<sup>2</sup>, and response by government led to the adoption, in effect of an 18<sup>th</sup> objective, to drastically reduce the prescription of anti-psychotic medication to patients with dementia.

The Operating Framework for the NHS in England for 2012-13 (published by the Department of Health on November 24<sup>th</sup> 2011) clearly reiterates government's commitment to implementation of the NDS.

#### 1.1.1 The National Challenge

There are currently 700,000 people in the UK with dementia; the condition costs the UK economy £17 billion a year and, in the next 30 years, as the population of older people increases due to longer life expectancy, the number of people with dementia in the UK will double to 1.4 million, with the costs trebling to over £50 billion a year. Not only is it likely that actual incidence of dementia will increase due to demographic change, but campaigns to increase public awareness and encourage GPs and other Primary Care professionals, as well as staff in general hospitals, to be vigilant for indications of dementia and more proactive in diagnosing the condition is likely to lead to an increase in the proportion of people with dementia whose condition is diagnosed.

#### 1.1.2 The Northamptonshire Context

Current calculations suggest that more than 7,000 people aged 65 and over in Northamptonshire suffer from dementia and this number is predicted to rise steadily in future years to a figure of 11,900 in 2025<sup>3</sup>. Whilst the numbers of people with dementia identified by primary care services in Northamptonshire is steadily increasing 2011/12, only 50% of those affected were registered on the Quality and Outcomes Framework (QOF)<sup>4</sup> Dementia register in 2011/12.

Increased incidence of dementia is predicted to lead to an increase of 16% in NHS expenditure on services for patients with dementia between 2011 and 2013 and 29% from 2011 to 2015. For Northamptonshire County Council, increases during the same periods are 25% and 39% respectively.

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1 Living well with dementia: A National Dementia Strategy (Department of Health 2009)

2 The use of antipsychotic medication for people with dementia: Time for action A report for the Minister of State for Care Services by Professor Sube Banerjee (Department of Health 2009)

3 [www.poppi.org.uk](http://www.poppi.org.uk)

4 Source: Health and Social Care Information Centre, QMAS Database 2007/8  
<http://www.qof.ic.nhs.uk/>

## 2.0 Local Progress

### 2.1 Achievements

Work on implementation of the National Dementia Strategy in Northamptonshire began during 2009-10. The range of objectives identified by the Strategy has necessitated prioritisation. However progress has been significant, and has included:

- Development of a model for an Integrated Care Pathway for dementia.
- Establishment of the Dementia Care Adviser service.
- Raising awareness of dementia in Primary Care and to encouraging early diagnosis.
- Integration of the Carers Strategy with the National Dementia Strategy.
- Work within both Northamptonshire's General Hospitals to implement the National Dementia Strategy including improvements to care pathway, staff training and environment.
- Commissioning Dementia Cafés across the County.
- Commissioning day care places people with dementia from Third Sector providers.
- Funding pilot projects delivered by the Alzheimer's Society (the 'Side by Side' peer support and 'Singing for the Brain' schemes) that are now being sustained on a self-funding basis.
- A partnership project in 13 Dementia residential care homes across Northamptonshire, including pharmacist medication audit and psychiatric nursing interventions to reduce the use of anti-psychotic medication.
- Implementation of the Northamptonshire County Council Telecare Strategy.
- Work to ensure that Self-Directed Support meets the needs of people with dementia.
- Redesign and enhancement of memory assessment services provided by Northamptonshire Healthcare Foundation Trust in compliance with NICE guidance and to support the agreed pathway.
- Development of a dementia website that supports self management and offers links to peer support and provides accurate, up to date information about services.
- Development and implementation of Dementia Workforce Training Plan co – produced with informal carers, Independent Care Providers, University of Northampton, NHS and Northamptonshire County Council partners. This workforce plan has been implemented across a wide range of statutory and independent sector organisations involved in the care of people with dementia.

Appendix A provides a summary of our local implementation plan as at September 2012.

### **3.0 Future Priorities**

#### **3.1 Strategic Management and Commissioning Arrangements**

Services for people with dementia require a co-ordinated commissioning and delivery approach across a wide range of health, social care, 3<sup>rd</sup> sector and other services. The new Clinical Commissioning Groups, NHS Nene CCG and NHS Corby CCG are working with Northamptonshire County Council to review existing arrangements for the commissioning of services for the frail elderly and people with dementia in order to develop an integrated approach to both the commissioning and delivery of these services. At the time of writing it is envisaged that a commissioning post will be established within a joint commissioning team to lead and co-ordinate commissioning activity across a range of organisations and commissioning programmes to ensure the continued successful implementation of the National Dementia Strategy in Northamptonshire. The Clinical Commissioning Groups will also be identifying a Clinical Lead to provide clinical leadership in the commissioning of services for people with dementia. The Alzheimer's Society has established a Dementia Alliance in Northamptonshire which will provide a wider stakeholder forum for discussion of progress and the needs of local people affected by dementia.

#### **3.2 Implementation of national Dementia Strategy in Northamptonshire (NDS): Future Priorities**

Commissioners will review progress on local implementation of the NDS against the agreed action plan, to establish new priorities and refresh the implementation plan. This will be undertaken through a process that engages all stakeholders. Priority areas for future action are likely to include:

- Building on the success of the work to reduce the use of anti-psychotic medication for people with dementia.
- Addressing access to end of life services for people with dementia.
- Addressing the needs of people with learning disabilities who may be at risk of developing dementia or who are affected by the condition.
- Developing and expanding day care services for people with dementia.
- Developing and expanding domiciliary services for people with dementia.
- Further work to raise awareness and improve training within primary care.
- Integrating implementation of the dementia strategy with wider programmes of work relating to the frail elderly and long term conditions

## Appendix A

## Northamptonshire Dementia Strategy Implementation Plan

| Local Priority   | Objectives   | Outcome Measures  | Progress to date                                      |
|--|--|---|---|
| Local Priority 1:<br>Provision of good quality emergency support and short term packages of care | <b>A.</b> Provision of an appropriate range of services that are flexible, reliable and responsive to circumstances.   | Reduction in numbers of people with dementia admitted to hospital and residential care services.      | Ongoing   |
|  | <b>B.</b> Specify and implement enhanced therapeutic arrangements in specialist care centres to maximise the independence of people with dementia  | Percentage of people with dementia who are at home 91 days after a specialist care reablement episode | Therapeutic input to specialist care centres in place |
| Local Priority 2:<br>Enhanced Memory Assessment and Early diagnosis services                     | <b>A.</b> 3 FTE Dementia care advisors operational for post diagnosis support and co-ordination  | Numbers of patients/carers receiving service from Dementia care Advisors                              | Complete  |
|  | <b>B.</b> Establishment of Memory Assessment Service in all localities to extend existing memory assessment, referral and clinic activity and to provide a single point of access countywide to a multidisciplinary team | Numbers of people on QOF dementia registers reflecting known prevalence                               | Complete - New service commissioned April 2012        |
|  | <b>C.</b> Community Teams for People with Learning Disabilities carrying out dementia screening for patients with Down Syndrome over 30 and people with learning disabilities over 50.                                   | Numbers of people with learning disability with diagnosis of dementia.                                | Complete  |

| Local Priority  | Objectives   | Outcome Measures   | Progress to date   |
|---|--|--|--|
| <p>Local Priority 3:<br/>Revised and improved training for all levels and all sectors</p> | <p><b>A.</b> Development of interagency multi – level training programme using a range of media.</p>                               | <p>Interagency Dementia workforce Training Strategy developed</p> <p>Numbers of care and support staff who have received training on:</p> <ul style="list-style-type: none"> <li>• Dementia Awareness</li> <li>• Communication techniques</li> <li>• Manual Handling and Dementia</li> <li>• Responding to challenging BPSD associated with dementia</li> <li>• Accredited QCF Dementia Training</li> <li>• End of Life Care/Dementia</li> <li>• Informal Carers Training</li> </ul> | <p>Ongoing</p> <p>Overall number of staff trained =270( May 2012)</p> <p>Dementia Awareness-74<br/>Manual handling and Dementia – 20</p> <p>Managing Behaviour and Psychological Symptoms associated with Dementia -62</p> <p>3 Day Quality Care Framework Accredited Dementia training – 20</p> <p>End of Life Care /Dementia -70</p> <p>Informal Carers-20</p> |
|   | <p><b>B.</b> Training for providers of learning disability services, to support people with a learning disability and dementia</p> | <p>Numbers of staff in services for people with learning disabilities who have been trained to meet needs of people with learning disabilities and dementia.</p>   | <p>Community Teams for people with learning disabilities have completed “Train the Trainer” Course in order to provide an ongoing programme of training for staff in care homes and other services to support staff in learning disability services to meet needs.</p>   |

| Local Priority   | Objectives   | Outcome Measures  | Progress to date  |
|--|--|---|---|
|  |  |   | of people with learning disability and dementia.  |
|  | <b>C.</b> Training care home staff in use of person centred plans  | NCC Training data- person centred planning training commenced in 2011<br><br>NCC Training data-Numbers of people having received training in person centred planning.   | Ongoing<br><br>39 Staff Trained in Person Centred Planning  |
|  | <b>D.</b> E-learning modules: dementia awareness.  | Numbers of people accessing and completing e-learning modules for dementia via NCC Training data.   | Ongoing   |
| Local Priority 4<br>Reduction in antipsychotic medication in care settings | <b>A.</b> Review current care home usage by Care Home Advice Pharmacists (CHAPS) team to gain baseline data.             | Reduction in the numbers of prescribed antipsychotic medication, using baseline comparator across Northamptonshire.<br>Reduction in 13 residential care homes project Alternative To Anti-Psychotics (ATAP).                | Ongoing<br>55% Reduction in anti-psychotics 2008-2011 for people with dementia.<br><br>44% Reduction in anti-psychotics in 13 residential care homes project over 8 months. |
|  | <b>B.</b> Promote role of Care Home Advice Pharmacists (CHAPS), team at Northamptonshire County Council Provider Forums. | Increase in number of care homes visited by Care Home Advice Pharmacists Service.   | Ongoing,<br>Care Home Advice Pharmacy Service capacity now increased  |
|  | <b>D.</b> Ensure that training content covers alternative strategies to use to medication to manage behaviour.           | Numbers of staff attending specific training on Responding to Behavioural and Psychological Symptoms associated with dementia.<br><br>Evaluation of impact on staff competence in behaviour management and patient outcomes | Complete<br>Number of trained 62 ( May2012 )<br><br>Outcome evaluation indicated is home staff  |

| Local Priority   | Objectives  | Outcome Measures  | Progress to date  |
|--|---|---|---|
|  |   | completed via ATAP project.   | demonstrating increased confidence, knowledge and competence.   |
|  | <b>C.</b> Promote dementia training via care home provider forums.  | Increased uptake of dementia training.  | Established and ongoing   |
|  | <b>D.</b> Explore options to recruit/train staff in Dementia Care Mapping in Care Home Quality Monitoring services  | Numbers of care homes with improvement plans for care of patients with dementia   | Future priority   |
| Local Priority 5<br>Care of people living with dementia in general hospitals is improved | <b>A.</b> Clinical lead for NDS identified in acute general hospitals. trusts recognised and involved in local development                                | Named leads in NGH & KGH<br><br>Evidence of hospital re-design and improvement plans  | Leads identified.<br><br>Improvement programmes ongoing   |
|  | <b>B.</b> Improve psychiatric liaison service and timely discharge of patients with dementia in acute hospitals   | Improved access to psychiatric assessment<br>Reduced Length of Stay for patients with dementia<br>Reduction in admissions to care homes from hospital   | Complete<br><br>Psychiatric liaison provided by Community Elderly care service (CECS)                               |
|  | <b>C.</b> Implementation of national CQUIN (Commissioning for Quality and Innovation), relating to diagnostic assessment for dementia in acute hospitals. | Percentage of patients identified aged 75 and over who have been screened at risk of dementia and have had dementia risk assessment prior to discharge. | Implemented in contract with acute trusts in 2012/13  |
|  | <b>D.</b> Review training needs for hospital workforce and implement rolling training programme for all hospital caring for people with dementia.         | Training needs analysis<br>Training programme developed and implemented   | Ongoing<br><br>Training needs analysis completed and targeted dementia training implemented for key clinical staff. |
|  | <b>E.</b> Review role of Mental Health Liaison Nurses.  | Revised referral pathway/remit for Mental Health Liaison Nurses   | Ongoing   |

| Local Priority  | Objectives  | Outcome Measures   | Progress to date |
|---|---|--|------------------|
| Local Priority 6:<br>Engagement and influencing of the developing Community Elderly Care Service                      | <b>A.</b> Access/pathways to re-ablement services for people with dementia.   | Reduced Length of stay (LOS), for people with dementia in hospitals.<br>Extend Community Elderly Care Service (CECS) - to Care Homes In Reach- Reduction in admissions to care homes from hospital.<br>Model and business case to be agreed. | Ongoing          |
|   | <b>B.</b> Establish strategy with Nene Commissioning  | Strategy agreed  | Complete         |
|   | <b>C.</b> GP Training( subject to health funding)   | Numbers of people on Quality Operating Framework, (QOF) dementia registers reflecting known prevalence to target training.<br>GP/Primary Care Training plan agreed/funded<br>GP/Primary Care Training commenced                              | Future priority  |
| Local Priority 7<br>Improved Information and communication for all in Northamptonshire                                | <b>A.</b> Explore potential to develop Northamptonshire 'dementiaweb' to provide range of info/support options available to carers, | Numbers of website 'hits'<br>Numbers of services accessed following web advice<br>Number of registered users to site<br>Numbers of people accessing online peer support  | Future priority  |
| Local Priority 8<br>Early intervention / reablement/ assistive technology services work well for people with dementia | <b>B.</b> Implement social response for telecare customers without family/friends.  | Numbers of people with dementia using assistive technology to be supported at home.<br><br>Numbers of people with dementia living alone using telecare social response service.  | Complete         |
|   | <b>C.</b> Increase number of telecare customers with dementia through NCC's telecare development plan.                              | Percentage of new customers receiving NCC telecare service.  | Ongoing          |

| Local Priority   | Programme Objectives   | Outcome Measures   | Progress to date  |
|--|--|--|---|
| Local Priority 9<br>Improved community personal support services are provided to people living with dementia | <b>A.</b> Provision of dementia specific day support services through tender: 100 places per day across all localities in the county.  | Letting of contracts<br>Additional places available in all localities<br>Improved Carer satisfaction due to increased community based support. | Complete<br><br>Tender completed<br>Contracts in place with third sector providers.   |
|  | <b>B.</b> Personal budgets are provided to people living with dementia with appropriate support to manage these.   | Numbers of people with dementia with personal budgets.<br>Improved access and uptake of people with dementia using personal budgets.           | Ongoing<br><br>Nos. receiving Personal Budgets S overall future work re identifying take up from dementia patients/families |
|  | <b>C.</b> Pilot project with Alzheimer's Society for community befriending scheme 'side by side'<br><br><b>D.</b> Pilot with Alzheimer's Society using music to engage people with dementia 'singing for the brain'<br><br><b>E.</b> Improved access to support for Asian women. | Nos. of befrienders/people accessing service<br><br>User/carer satisfaction via social care outcomes tool.                                     | Complete<br><br>Now an established service provided by Alzheimer's Society.   |
|  | <b>D.</b> Pilot with Alzheimer's Society using music to engage people with dementia 'singing for the brain'  | Nos. of befrienders/people accessing service<br><br>User/carer satisfaction via social care outcomes tool.                                     | Complete<br><br>Now an established service provided by Alzheimer's Society.   |
|  | <b>E.</b> Improved access to support for Asian women.  | Use of Adult Social Care Outcomes Tool – metrics to track self reported quality of life indices; contract monitoring                           | Complete  |

| <b>Local Priority</b>                                | <b>Programme Objectives</b>   | <b>Outcome Measures</b>   | <b>Progress to date</b> |
|--|---|---|-------------------------|
| Local priority 10<br>Implementing<br>Carers Strategy | <b>A.</b> Increase in take up of carers assessments.  | Numbers of carer's assessments completed relating to people with dementia (supporting increase in NI 135 form 23% to 30%) | Ongoing                 |
|  | <b>B.</b> Carers that want individual support plans have them in place                          | Numbers of carers support plans completed   | Ongoing                 |
|  | <b>C.</b> Agree protocol for referrals to Carers' Assessment Workers and Dementia Care Advisers | Protocol agreed and implemented   | Complete                |
|  | <b>D.</b> Review of Carer Support Provision/Model   | Review completed –consultation on models<br>Revised model agreed<br>Revised model operational                             | Complete                |