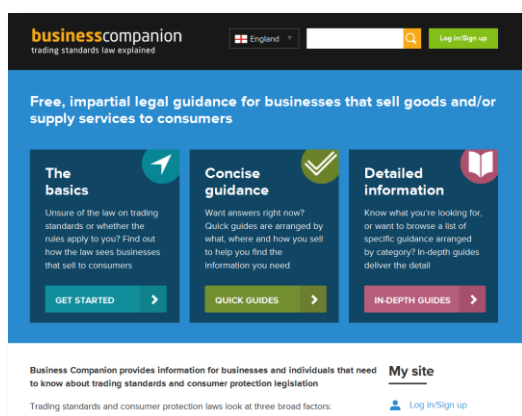


Food Information to Consumers Regulation - Legislation & Guidance

NB Guidance will evolve and be updated. Check websites for updates

- **Regulation (EU) 1169/2011 on the provision of food information to consumers FIC**
 - http://ec.europa.eu/food/food/labellingnutrition/foodlabelling/proposed_legislation_en.htm
- **Food Information Regulations 2014 No 1855 FIR**
 - <http://www.legislation.gov.uk/ukxi/2014/1855/contents/made>
- **Guides to Compliance:**
- <http://www.food.gov.uk/sites/default/files/fir-2014-guidance.pdf> (published Oct 2014)
 - <https://www.gov.uk/food-labelling-and-packaging>
 - https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/82663/consult-fic-guidance-20121116.pdf



<http://www.businesscompanion.info/>

Guidance Food standards: labelling, durability and composition

<https://www.gov.uk/food-standards-labelling-durability-and-composition>

'Best before' and 'use by'

[Guidance on the application of date labels to food](#) gives the latest advice and guidance.

It includes a short guide especially prepared to assist small and medium sized businesses. It aids compliance with the law and assists food businesses which do not have in-house knowledge or expertise to decide which date marks should apply to which foods.

<https://www.gov.uk/government/publications/guidance-on-the-application-of-date-labels-to-food>

Allergy & Intolerance

FSA allergy pages (guidance, advice, leaflets on allergen labelling:



www.food.gov.uk/business-industry/allergy-guide

Allergy E-learning <http://allergytraining.food.gov.uk/>

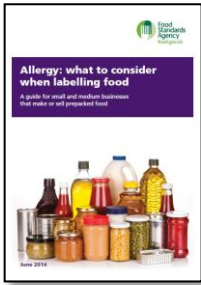
Allergy resources, templates, posters, leaflets:

www.food.gov.uk/allergen-resources

Safer Food Better Business for Caterers – Food allergies

www.food.gov.uk/multimedia/pdfs/publication/foodallergies-sfbb-0513.pdf

Access free training on: <http://allergytraining.food.gov.uk/>



<http://multimedia.food.gov.uk/multimedia/pdfs/publication/allergy-labelling-prepacked.pdf>

FSA Consumer advice <http://food.gov.uk/multimedia/pdfs/publication/allergy-leaflet.pdf>



- **FSA technical guidance –**
www.food.gov.uk/news-updates/news/2014/6140/sme-allergen-guidance
- <http://www.food.gov.uk/sites/default/files/food-allergen-labelling-technical-guidance.pdf>

- **FSA May Contain Guide**
- <http://www.food.gov.uk/business-industry/guidancenotes/labelregsguidance/maycontainguide>

- **Gluten Free Guidance**
<http://www.food.gov.uk/business-industry/allergy-guide/gluten>
- **BRC-FDF guidance for prepacked foods**
www.brc.org.uk/downloads/Guidance%20on%20Allergen%20Labelling.pdf

Information on allergies

- **Anaphylaxis Campaign**
<http://www.anaphylaxis.org.uk/>
- **Allergy UK**
<http://www.allergyuk.org/index.php>

Marketing Claims

Fresh Pure Natural etc Guidance

<http://www.food.gov.uk/sites/default/files/multimedia/pdfs/markcritguidance.pdf>

Nutrition & Health Claims

<https://www.gov.uk/government/publications/nutrition-and-health-claims-guidance-to-compliance-with-regulation-ec-1924-2006-on-nutrition-and-health-claims-made-on-foods>

Contaminants and food contact materials: Guidance for businesses

<http://www.food.gov.uk/business-industry/manufacturers/contaminants-fcm-guidance>

Packaging (Essential Requirements) Regulations 2003

<https://www.gov.uk/government/publications/packaging-essential-requirements-regulations-government-guidance-notes>

Northamptonshire County Council website has a range of leaflets:
www.northamptonshire.gov.uk/TsBusiness-support