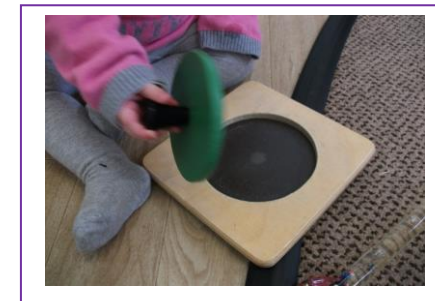


# FINE MOTOR SKILLS

## 12 TO 24 MONTHS



*Give the child time to think and respond*

*Remember to reward with praise*

### **12-15 months**

At 12 months baby starts to pick up objects with a neat pincer grasp, reaching and grasping becomes coordinated in to one smooth action.

Begins to release toys to give. Will deliberately drop and throw toys. Holds two small toys one in each hand and bangs together to make a noise.

Baby is starting to point to body parts when asked.

If shown will put objects in and out of a cup or box, this is the start of container play.

#### ***Suggestions to develop fine motor skills***

Stacking blocks – wooden bricks duplo, stickle bricks, Lego

Pointing - Finger Rhymes – Round and round the garden, Two little dicky birds

Treasure baskets

Cause and effect toys

i Pad

2 piece inset puzzle

Pointing – at pictures books

Container Play – Large metal bowls, buckets, boxes, sauce pan, any large container

Large objects for container play

– bells, balls, cars, bricks, textured objects, spoons, keys, pegs, rattles, assorted objects

Rings on rod – Bangles , curtain rings

Posting box – 1 hole

Boxes and lids – Hide toys in boxes

***All activities are to be carried out with adult supervision only***

### **15-18 months**

*Baby is starting to use toys more functionally. Makes a tower with objects, picks up string or small object with precise pincer grasp using either hand.*

*Can take objects out of a container and replace large objects fairly precisely. Grasp crayon with whole hand using palmer grasp, uses either hand and imitates to and fro scribble, carries dolls by limbs or clothing*

Can hold and drink from cup and will attempt to take spoon to mouth.

#### ***Suggestions to develop fine motor skills***

Crayons – wax, pencil, mark makers, felt tips, paint dabber

Stacking blocks – wooden bricks duplo, stickle bricks, Lego

Posting box -2/3 pieces

Inset puzzle – 3 piece

Container Play – Large metal bowls, buckets, boxes, saucepan, any large container

Small objects for container play

– small, balls, beads, counters buttons, pebbles

Books – card books, bath books

i Pad

Cause and effect toys

***All activities are to be carried out with adult supervision only***

### *18-21 months*

Emerging hand preferences are starting to be seen at this stage. Baby will begin to pick up small objects on sight using a delicate pincer grasp.

When shown a book baby will point at pictures of interest and start to turn pages, several at a time.

Holds pencil in middle with whole hand in a pronated grip using either hand alone or sometimes with pencils in both hands. Makes to and fro scribble and dots.

### *Suggestions to develop fine motor skills*

Bricks	i Pad
Mark making objects	Post box 3/4
Inset puzzle 5/6 pieces	
Books	
Zip – up and down	
Switches	
Small world toys	

*All activities are to be carried out with adult supervision only*

### *21-24 months*

Baby is starting to build a tower of 3 cubes after demonstration. They will place small objects in and out of containers, will place rings on a rod and large pegs in a peg board.

Baby is starting to show a preference for using either the left or right-hand. Still casts objects to floor in play or anger.

Baby can lift and hold a cup between both hands to drink and is able to take a spoon safely to mouth.

### *Suggestions to develop fine motor skills*

Threading – rod, thick rope, washing line	Water play
Beads / Buttons – Large holes	Tea party set
Bricks	Tennis balls
Play dough	Finger painting
Bottle tops	Posting box with key
Nuts and bolts	Activity centres with handles
Books	
i Pad	

*All activities are to be carried out with adult supervision only*