



Northamptonshire Local Offer:

Autism Spectrum Disorder (ASD) Information Pack

What is Autism Spectrum Disorder (ASD)?

Autism Spectrum Disorder (ASD) is a lifelong developmental disability. Everyone with ASD will share certain persistent difficulties that limit and impair everyday functioning. Those difficulties will affect individuals in very different ways. ASD characteristics can include:

Difficulties with Social Communication and Interaction

People with ASD may have difficulties with interpreting language. They might have limited speech or be 'non-verbal.' Others have good language skills, but find it hard to understand conversations, perhaps repeating what the others say ('echolalia').

People with ASD might have a literal understanding of language, and might struggle with facial expressions, tone of voice, jokes, or sarcasm.

People with ASD may have difficulty recognising or understanding the feelings and intentions of others. They might behave in ways thought to be socially inappropriate.

Repetitive Behaviour and Routines

People with ASD often prefer to have a routine so that they know what is going to happen every day.

Highly-Focused Interests

Many people with ASD have intense and highly-focused interests, often from a young age. These can change over time or be lifelong.

Sensory Sensitivity

People with ASD people may be over- or under-sensitive to sounds, touch, tastes, smells, light, temperatures.

How is ASD Diagnosed?

If you think your child might be showing signs of ASD, speak to your GP or Health Visitor. If your child is at school, you can also contact the school's SENCo for advice.

Your GP cannot formally diagnose ASD, but they can discuss your concerns with you and refer you for an in-depth, multi-disciplinary diagnostic assessment (if deemed necessary).

The assessment will be led by a medical professional, such as a paediatrician, a clinical psychologist, or a psychiatrist. Once the assessment is complete, they will tell you whether or not they think your child has ASD. They normally do this in a written report.

Definitions

Asperger Syndrome: People with asperger syndrome don't have the learning disabilities that many autistic people have. Many people who fit the profile for asperger syndrome are now being diagnosed with autistic spectrum disorder (ASD) instead. Each person is different, and it is up to each individual how they choose to identify. Some people with a diagnosis of asperger syndrome may choose to keep using the term, while others may prefer to refer to themselves as autistic or on the autistic spectrum.

Pathological Demand Avoidance (PDA): A form of ASD. People with PDA feel driven to avoid everyday demands and expectations to an extreme extent. This avoidance is rooted in an anxiety-based need to be in control.

Learning Disability: ASD is not a learning disability. However, around half of people with ASD may have a learning disability as well. This will affect the level of support they need in their life.

Next Steps

<ul style="list-style-type: none"> • NHS ADHD & ASD Service (Children & Young People), Northants Offers assessments and post-diagnostic support for ADHD and autism spectrum disorder (ASD). Professional referral only (speak to your GP). Website: https://buff.ly/3sH4tML Age-Range: 5-18 Years Tel: 01536 452400 Email: northants.pcc@nhs.net 	<ul style="list-style-type: none"> • NHS ADHD & Asperger's Service (Adults), Northants Offers assessments and post-diagnosis support for ADHD, ASD without a learning disability (Asperger syndrome), and Tourette syndrome. Professional referral only (speak to your GP). Website: https://buff.ly/3HGx0X2 Age-Range: 18 Years + Tel: 01536 452466 Email: northants.pcc@nhs.net 	<ul style="list-style-type: none"> • SEND Support Service (SSS), Northants Offers support for a range of special educational needs and disabilities (SEND) including autism (ASD). Self-referral or professional referral. Website: https://buff.ly/3KkEGj9 Age-Range: 0-19 Years Tel: 0300 126 1000 (North) or 0300 126 7000 (West) Email: SSS.NCC@northnorthants.gov.uk or SSS.NCC@westnorthants.gov.uk
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Advice and Information Services

<ul style="list-style-type: none"> • Ambitious About Autism National charity for children and young people with autism. No referral needed. Website: https://buff.ly/2I9rldO Age-Range: All Ages Tel: 0208 815 5444 Email: info@ambitiousaboutautism.org.uk 	<ul style="list-style-type: none"> • ARFID Awareness UK National charity dedicated to raising awareness and furthering information about avoidant/restrictive food intake disorder (ARFID). No referral needed. Website: https://buff.ly/3KgxDbh Age-Range: All Ages Tel: N/A Email: info@arfidawarenessuk.org 	<ul style="list-style-type: none"> • Autism East Midlands (Northants) Provides specialist support and advice for Northamptonshire's autism community. No referral needed. Website: https://buff.ly/36WzfbP Age-Range: All Ages Tel: 01604 312452 Email: northampton@autismeastmidlands.org.uk
<ul style="list-style-type: none"> • Autistic Minds National charity that runs a 'HelpHub' and an online directory of ASD services. No referral needed. Website: https://buff.ly/3MocU7I Age-Range: All Ages Tel: 01443 844764 Email: hello@autisticminds.org.uk 	<ul style="list-style-type: none"> • bibic National charity for children and young people with conditions affecting their social, communication, sensory, motor and learning abilities. No referral needed. Website: https://buff.ly/3ttwQx4 Age-Range: 6 Months - 25 Years Tel: 01458 253344 Email: info@bibic.org.uk 	<ul style="list-style-type: none"> • Information Advice & Support Service (IASS), Northants IASS is an impartial and confidential service that gives free information, advice, and support on matters relating to SEND. No referral needed. Website: https://buff.ly/3MIC5HD Age-Range: 0-25 Years Tel: 01604 364772 Email: contact@iassnorthants.co.uk

Advice and Information Services

<ul style="list-style-type: none"> • Target Autism Training & Consultancy Ltd (Rushden) Supports children and young people with any social communication difficulties or an autism spectrum condition, and staff who work with them. No referral needed. Website: https://buff.ly/3KkEGQb Age-Range: All Ages Tel: 07549 639929 Email: ron@targetautism.co.uk 	<ul style="list-style-type: none"> • Living Autism National charity that supports autistic children and adults to find the most appropriate services for their individual needs. No referral needed. Website: https://buff.ly/3nnEGVx Age-Range: All Ages Tel: 0800 756 2420 Email: info@livingautism.co.uk 	<ul style="list-style-type: none"> • Neurodiversity Networks CIC (Northants) Offers coaching, counselling, screening, training, and workshops relating ADHD, autism, and/or specific learning difficulties. No referral needed. Website: https://buff.ly/35wkf4f Age-Range: 4 Years + Tel: 07730 096028 Email: jannine@adhdwise.uk
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Forums and Support Networks

<ul style="list-style-type: none"> • Autistic Children Embraced (ACE), Kettering A parent support group that offers help, support, information, and friendship to make life easier for families. No referral needed. Website: https://buff.ly/35or8EQ Age-Range: All Ages Tel: 07756 523728 Email: autisticchildrenembraced@gmail.com 	<ul style="list-style-type: none"> • Cerebra National charity dedicated to helping families with children with brain conditions discover a better life together. No referral needed. Website: https://buff.ly/2nD3COu Age-Range: 0-16 Years Tel: 0800 328 1159 Email: enquiries@cerebra.org.uk 	<ul style="list-style-type: none"> • Challenging Behaviour Foundation (CBF) National charity for people with severe learning disabilities whose behaviour challenges. No referral needed. Website: https://buff.ly/35wl1yb Age-Range: All Ages Tel: 0300 666 0126 Email: info@theCBF.org.uk
<ul style="list-style-type: none"> • En-Fold CIO (Kettering) A post-diagnostic support service for families affected by autism spectrum disorder (ASD). No referral needed. Website: https://buff.ly/3HP2Cda Age-Range: All Ages Tel: 07845 905766 Email: diane@enfold.org.uk 	<ul style="list-style-type: none"> • High Five (Kettering) Social support group for parents of children who have autism (without a learning disability). They usually meet on a monthly basis. No referral needed. Website: https://buff.ly/3KlghKD Age-Range: All Ages Tel: 07845 905766 Email: highfivenorthants@gmail.com 	<ul style="list-style-type: none"> • Northamptonshire Carers - Parent-Carers Support Service Offers a wide range of services, including a weekly support meeting for parents of children (under-18) with SEND. No referral needed. Website: https://buff.ly/3IKZyQv Age-Range: 18 Years + Tel: 01933 677907 Email: parentcarersupport@northamptonshire-carers.org

Forums and Support Networks

<ul style="list-style-type: none"> • Northants Parent Forum Group (NPFPG) An independent, parent-led group formed and run by volunteers. It represents the views of families of 0-25s with SEND in Northants. No referral needed. Website: https://buff.ly/3hBXG0n Age-Range: All Ages Tel: 07918 981948 Email: enquiries@npfg.co.uk 	<ul style="list-style-type: none"> • Special Friends and SNUG (Towcester) A parent-led support group that provides support for parents and carers of children and young adults with additional needs. No referral needed. Website: https://buff.ly/3Mqkq1J Age-Range: All Ages Tel: 01280 840066 Email: specialfriends@outlook.com 	<ul style="list-style-type: none"> • Spectrum Club (Northants) A local Facebook group for parents and carers who have children with Autistic Spectrum Disorder (ASD) providing mutual support. No referral needed. Website: https://buff.ly/3hCQNVJ Age-Range: All Ages Tel: N/A Email: N/A
<ul style="list-style-type: none"> • The National Autistic Society (NAS) The leading UK charity for people with an autism spectrum disorder (ASD) and their families, offering a wide range of services. No referral needed. Website: https://buff.ly/2I1DYqH Age-Range: All Ages Tel: 0207 833 2299 Email: nas@nas.org.uk 	<ul style="list-style-type: none"> • The National Autistic Society (NAS), Irthlingborough Provides bespoke, person-centred, outcomes-based services to autistic adults based on their aspirations, goals, hobbies, and interests. No referral needed. Website: https://buff.ly/3sJaKYo Age-Range: 16 Years + Tel: 01933 653200 Email: Tom.Carter@nas.org.uk 	

Groups, Clubs, and Activities

<ul style="list-style-type: none"> • 360 Play - SEN Evenings (Rushden) 360 Play usually host exclusive SEN evenings on the first Friday of each month. Siblings and friends are welcome. No referral needed. Website: https://buff.ly/3tTisy0 Age-Range: 0-12 Years Tel: 01933 522360 Email: rushdenlakes@360play.co.uk 	<ul style="list-style-type: none"> • Action for Children - Short Breaks (Northants) National charity offering holiday clubs, term-time Saturday clubs, and youth clubs (across Northants) for those with ASD and/or learning disabilities. No referral needed. Website: https://buff.ly/3hBX4rB Age-Range: 5-18 Years Tel: 01604 752553 Email: northants.disability@actionforchildren.org.uk 	<ul style="list-style-type: none"> • Additional Needs Support Group at Penn Green (Corby) A weekly group for parents/carers of under-8s with SEND. Contact Pen Green for a referral. Website: https://buff.ly/3hUQRXL Age-Range: 0-8 Years Tel: 01536 400068 Email: enquiries@pengreen.org
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Groups, Clubs, and Activities

<ul style="list-style-type: none"> • ASD Diversity (Corby) A social and wellbeing group for people with ASD and/or ADHD. Usually runs every second Wednesday of the month. No referral needed. Website: https://buff.ly/3MgYN3E Age-Range: 15 Years + Tel: N/A Email: asddiversitycorby@gmail.com 	<ul style="list-style-type: none"> • Autism East Midlands - Activity Clubs (Northants) Charity offering youth clubs, holiday clubs, weekend groups, and trips for children and young people with ASD. No referral needed. Website: https://buff.ly/36WzfbP Age-Range: 8-21 Years Tel: 01604 312452 Email: northampton@autismeastmidlands.org.uk 	<ul style="list-style-type: none"> • Autism East Midlands - Family Support Hub (Northants) A regular meeting point for families affected by autism (with or without a diagnosis). Sessions are usually on the first Monday of the month. No referral needed. Website: https://buff.ly/3pClfKQ Age-Range: 0-11 Years Tel: 01604 312452 Email: Northampton@autismeastmidlands.org.uk
<ul style="list-style-type: none"> • Boost Trampoline Park - SEN Sessions (Northampton) A trampoline park that offers various sessions for those with SEN. No referral needed. Website: https://buff.ly/3vUPBMT Age-Range: 4 Years + Tel: 01604 438181 Email: info@boosttrampolineparks.co.uk 	<ul style="list-style-type: none"> • Born to Perform Dance School (Northampton) An inclusive and accessible dance school for children and adults with SEN and disabilities in Northamptonshire. No referral needed. Website: https://buff.ly/3CgPigw Age-Range: 6 Years + Tel: 01604 372629 Email: mail@borntoperformdanceschool.co.uk 	<ul style="list-style-type: none"> • Brackley Athletic Football Club - The Tigers (Brackley) An inclusive football group for children with physical, developmental, or educational disabilities. No referral needed. Website: https://buff.ly/34gWI6M Age-Range: 6-12 Years Tel: N/A Email: info@brackleyathletic.co.uk
<ul style="list-style-type: none"> • Corby Radio - Discobility Monthly disco for people with disabilities of all ages. No referral needed. Website: https://buff.ly/3hBVeXB Age-Range: All Ages Tel: 01536 265666 Email: studio@corby.radio 	<ul style="list-style-type: none"> • Dance With a Difference (Northampton) A dance club for adults with additional needs. No referral needed. Website: https://buff.ly/3MriTrZ Age-Range: 16 Years + Tel: 07511 877177 Email: stylesstarz@hotmail.com 	<ul style="list-style-type: none"> • Different Abilities (Corby) A SEND support group run by the Maplefields Circle of Friends (MCF). Usually held on term-time Thursdays. No referral needed. Website: https://buff.ly/3tybWN4 Age-Range: All Ages Tel: 01536 267873 Email: Maplefieldscircleoffriends@outlook.com

Groups, Clubs, and Activities

<ul style="list-style-type: none"> • Dimensions - Autism-Friendly Environments Works with 300+ cinemas nationwide to provide regular autism-friendly film screenings. No referral needed. Website: https://buff.ly/3sl2aJc Age-Range: All Ages Tel: 0300 303 9001 Email: autismfilms@dimensions-uk.org 	<ul style="list-style-type: none"> • Disability Inclusive Sports Club (DISC), Towcester Volunteer-run activity group for children and adults with SEN and their families. Usually meets on Sundays. No referral needed. Website: https://buff.ly/36fFEeH Age-Range: All Ages Tel: N/A Email: enquiry@disc-northants.org 	<ul style="list-style-type: none"> • Flip Out Rushden Lakes - SEN Sessions A trampoline park that usually offers SEN sessions on Sundays (10am-11am). No referral needed. Website: https://buff.ly/3Ci4ry6 Age-Range: 2 Years + Tel: 01933 274598 Email: rushdenlakes@flipout.co.uk
<ul style="list-style-type: none"> • Gravity Trampoline Park - Disability Sessions (Corby) Offers weekly sessions that are exclusively for those with SEN and autism. No referral needed. Website: https://buff.ly/3tnlc6Q Age-Range: 18 Months + Tel: 01977 529920 Email: enquiries@gravity-uk.com 	<ul style="list-style-type: none"> • Groundwork - Short Breaks, The Green Patch (Kettering) Charity offering outdoor activities for young people with ASD and/or mild to moderate learning disabilities. No referral needed. Website: https://buff.ly/35SnJOp Age-Range: 8-17 Years Tel: 01536 521555 Email: vicky.bowden@groundwork.org.uk 	<ul style="list-style-type: none"> • Harborough Town Inclusive Football Club (Corby) Inclusive football club is for over-16s with a disability in Corby. They usually play on Wednesdays and Fridays (5.30-6.30pm). No referral needed. Website: N/A Age-Range: 16 Years + Tel: 07834 835047 Email: raymondhls@yahoo.co.uk
<ul style="list-style-type: none"> • Head2Head Sensory Theatre National charity that provides online multi-sensory theatre experiences and shows for young people with SEND. No referral needed. Website: https://buff.ly/3IMmApW Age-Range: 5-25 Years Tel: 01372 278021 Email: office@h2hsensorytheatre.com 	<ul style="list-style-type: none"> • Kingsley Special Academy - Ducklings (Kettering) A pre-school group for children with additional needs. Swimming or activities available. Usually runs Thursday mornings. No referral needed. Website: https://buff.ly/3734ouP Age-Range: 0-4 Years Tel: 01536 316880 Email: receptions2@kingsley.northants.sch.uk 	<ul style="list-style-type: none"> • Let's Play Together Groups (Corby) Groups for parents/carers of under-5s with SEND are held at Pen Green and the Kingswood children's centre each week. Contact Pen Green for a referral. Website: https://buff.ly/3hUQRXL Age-Range: 0-5 Years Tel: 01536 400068 Email: enquiries@pengreen.org
<ul style="list-style-type: none"> • Lings Disabilities Gymnastics Club (Earls Barton) Offers beginners' classes and advanced classes for children with disabilities, usually on Saturday lunchtimes. No referral needed. Website: https://buff.ly/377GAFT Age-Range: 0-18 Years Tel: 07793 064055 Email: lingsgymnastics@gmail.com 	<ul style="list-style-type: none"> • MishMash (Kettering) An inclusive messy church session for families of children with SEN. Usually take place on the 2nd Sunday of the month. No referral needed. Website: https://buff.ly/3pEiGfp Age-Range: 0-18 Years Tel: 01536 412011 Email: office@ctk.org.uk 	<ul style="list-style-type: none"> • Multi Activity Club (MAC), Rushden Offers recreational activities for adults and non-mainstream educated young people with disabilities. Usually takes place on Thursdays. No referral needed. Website: https://buff.ly/3ttmFIH Age-Range: 12 Years + Tel: 01933 352981 Email: Jackie.ackroyd@freedom-leisure.co.uk

Groups, Clubs, and Activities

<ul style="list-style-type: none"> • NMPAT - Y-Not Arts (Northampton) A fun and relaxed group for students with disabilities to participate in music, dance, and drama (culminating in an end-of-year performance). No referral needed. Website: https://buff.ly/3KgykBp Age-Range: 9-25 Years Tel: 01604 637117 Email: Ynot@NMPAT.co.uk 	<ul style="list-style-type: none"> • Northamptonshire Children's Trust - Shooting Stars Group A monthly participation group for young people from Northamptonshire who have SEND. No referral needed. Website: https://buff.ly/3vUQ3L5 Age-Range: 14-25 Years Tel: 0300 126 1000 Email: Lorraine.Flute@nctrust.co.uk 	<ul style="list-style-type: none"> • Northamptonshire County Scouts - SEND Group (Northampton) A Scout group for children and young people with SEN and/or disabilities. Usually runs on alternate Sunday mornings. No referral needed. Website: https://buff.ly/3pze9Xp Age-Range: 5 Years + Tel: 07849 348828 Email: 57th@northamptonscouts.org.uk
<ul style="list-style-type: none"> • Northamptonshire Football Association - Disability Sessions Provides safe and structured football opportunities for people with disabilities in Northampton, Kettering, and Brackley. No referral needed. Website: https://buff.ly/3tnlcnm Age-Range: 5 Years + Tel: 07971 138768 Email: christian.smith@northantsfa.com 	<ul style="list-style-type: none"> • Northamptonshire Trampoline Gymnastics Academy - SEN Sessions Offers a large weekly programme of activities for people with additional needs, using specialist equipment and coaching methods. No referral needed. Website: https://buff.ly/3pDI4hb Age-Range: All Ages Tel: 01604 645120 Email: info@ntga.co.uk 	<ul style="list-style-type: none"> • Northamptonshire County Cricket Club - Inclusive Cricket Offers inclusive, accessible cricket and table cricket for people with disabilities. No referral needed. Website: https://buff.ly/3MQZ39S Age-Range: All Ages Tel: 01604 514455 Email: jim.hawkins@nccc.co.uk
<ul style="list-style-type: none"> • NRG Inclusive Multi-Sports Activity Club (Corby) A multi-sports activity club for young people with disabilities. No referral needed. Website: https://buff.ly/3HLAcR0 Age-Range: 8-18 Years Tel: 01536 464047 Email: sportsdevelopment.cbc@northnorthants.gov.uk 	<ul style="list-style-type: none"> • Parents Talking Asperger's CIC (Northants) Offers support, help, and groups for children and young people who have autism (without a learning disability), their siblings, and their parents. No referral needed. Website: https://buff.ly/3HMnpxM Age-Range: All Ages Tel: 01295 269455 Email: info@parents-talking-aspergers.co.uk 	<ul style="list-style-type: none"> • Picture the Difference CIC (Kettering) Offers creative and performing arts to young people and adults with additional needs. No referral needed. Website: https://buff.ly/3HBFDIC Age-Range: 16 Years + Tel: 07947 575190 Email: admin@picthediff.com

Groups, Clubs, and Activities

<ul style="list-style-type: none"> • Riding for the Disabled Association (RDA), Northants National charity that provides therapeutic horse-riding for those with SEND at six locations across the county. No referral needed. Website: https://buff.ly/3tybWg2 Age-Range: All Ages Tel: 01604 686633 Email: c.mcgarity@btinternet.com 	<ul style="list-style-type: none"> • Riverside Hub - SEN Sessions (Northampton) A large indoor play centre that offers monthly events for families of children with SEND. No referral needed. Website: https://buff.ly/36XvbIn Age-Range: 0-18 Years Tel: 01604 403003 Email: admin@riversidehub.com 	<ul style="list-style-type: none"> • Rock Up - Autism & SEND Friendly Climbing Sessions (Rushden) A climbing centre that offers autism and SEND-friendly sessions. Usually on the third Saturday of the month (9:30am-10.30am). No referral needed. Website: https://buff.ly/3tnlcUo Age-Range: 4 Years + Tel: 01933 594000 Email: info.rushdenlakes@rock-up.co.uk
<ul style="list-style-type: none"> • RUSH 2The DEN - Freedom Youth Club (Rushden) A local charity that runs a youth club on Thursdays (4.30-6.30pm) for children and young people with additional needs. No referral needed. Website: https://buff.ly/3HWaNo4 Age-Range: 5-17 Years Tel: 01933 770450 Email: events.rush2theden@gmail.com 	<ul style="list-style-type: none"> • SENds 4 Dad (Northants) Support group offering activities for dads/male carers of children with special educational needs and/or disabilities. No referral needed. Website: https://buff.ly/3MmmsQm Age-Range: 18 Years + Tel: N/A Email: sends4dad@virginmedia.com 	<ul style="list-style-type: none"> • Spectrum Club (Corby) Regular coffee morning for young people and adults with autism spectrum conditions. No referral needed. Website: https://buff.ly/3hFkagY Age-Range: 11 Years + Tel: 01536 267101 Email: N/A
<ul style="list-style-type: none"> • Sport 4 Fitness CIC (Northampton) Provides affordable multi-sport activities and a sensory garden for children and adults with SEND. No referral needed. Website: https://buff.ly/2TU4FcN Age-Range: 3 Years + Tel: 07491 306630 Email: info@sport4fitness-cic.co.uk 	<ul style="list-style-type: none"> • The Cube Disability Kids (Northampton) Provides fun and inclusive performing arts and sports classes for children aged 5-16 with SEND. No referral needed. Website: https://buff.ly/3tybXk6 Age-Range: 5-16 Years Tel: 07720 323605 Email: cubekids@thecubedisability.co.uk 	<ul style="list-style-type: none"> • Young Creations Theatre Group (Northampton) Volunteer-led inclusive theatre group. Sessions take place on Saturdays (11am-3pm) and throughout school holidays. No referral needed. Website: N/A Age-Range: 12-25 Years Tel: 07810 397273 Email: sophie.howe@hotmail.co.uk

Groups, Clubs, and Activities

- **Young Inclusive People Club (YIP), Rushden**

Provides a variety of sports, recreation, dance, and cultural activities for young people with disabilities. Usually on term-time Tuesday evenings. No referral needed.

Website: <https://buff.ly/3ttmFIH>

Age-Range: 8-24 Years **Tel:** 01933 350324

Email: Jackie.ackroyd@freedom-leisure.co.uk

Independent Living

- **Chewigem**

Produces non-toxic, discreet, chewable jewellery and accessories, designed to meet the needs of children and adults who need to chew. No referral needed.

Website: <https://buff.ly/3sFZATY>

Age-Range: All Ages **Tel:** 01382 690650

Email: hello@chewigem.co.uk

- **Dogs for Good**

National charity that trains dogs to support children with autism. No referral needed.

Website: <https://buff.ly/2u78zS0>

Age-Range: All Ages **Tel:** 01295 252600

Email: info@dogsforgood.org

- **Safespaces Ltd**

Supplies custom-made safe-rooms and sleep areas for use at home, in schools, and for respite care or holidays. No referral needed.

Website: <https://buff.ly/3hHxn9b>

Age-Range: All Ages **Tel:** 01706 816274

Email: info@safespaces.co.uk

- **Support Dogs**

National charity that provides, trains, and supports specialist assistance dogs for children with autism. No referral needed.

Website: <https://buff.ly/2pvIJH5>

Age-Range: All Ages **Tel:** 0114 261 7800

Email: info@supportdogs.org.uk

Related Health Services

<ul style="list-style-type: none"> • Action for Asperger's (Northants) National charity that provides counselling and diagnostic assessment services for people with autism and no learning disability. No referral needed. Website: https://buff.ly/3CfCiHR Age-Range: All Ages Tel: 01536 266681 Email: info@actionforaspergers.org 	<ul style="list-style-type: none"> • Children's Bowel & Bladder Charity (ERIC) National charity dedicated to the bowel and bladder health of children and teenagers. No referral needed. Website: https://buff.ly/3vDsJBb Age-Range: 0-18 Years Tel: 0808 169 9949 Email: web@eric.org.uk 	<ul style="list-style-type: none"> • Let's Talk Autism Ltd (Kettering) Offers speech and language therapy, assessments, and animal-assisted therapy for children with special educational needs. No referral needed. Website: https://buff.ly/3KkEH6H Age-Range: 0-25 Years Tel: 01536 353435 Email: hayley@talkautism.co.uk
<ul style="list-style-type: none"> • Scope - Sleep Right Northamptonshire Supports families of children with SEND who have severe sleep problems and live in Northamptonshire. Professional referral only. Website: https://buff.ly/35RWTF0 Age-Range: 2-18 Years Tel: 07875 575377 Email: karen.smith@scope.org.uk 	<ul style="list-style-type: none"> • The National Sleep Helpline Free helpline run by trained sleep advisors. Open Sunday to Thursday, 7-9pm. No referral needed. Website: https://buff.ly/3K8dAfg Age-Range: All Ages Tel: 03303 530 541 Email: helpline@thesleepcharity.org.uk 	

Training

<ul style="list-style-type: none"> • Autism Independent UK (Kettering) National charity that increase awareness of ASD and organises training in TEACCH, SCERTS, and Social Stories. No referral needed. Website: https://buff.ly/3734Ngq Age-Range: All Ages Tel: 01536 523274 Email: autism@autismuk.com 	<ul style="list-style-type: none"> • Pyramid Educational Consultants (PECS) UK Ltd Runs training and workshops for the Picture Exchange Communication System (PECS). No referral needed. Website: https://buff.ly/3HJRPR8 Age-Range: All Ages Tel: 01273 609555 Email: pyramiduk@pecs.com
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Northamptonshire's Local Offer



This information pack was produced by the Northamptonshire Local Offer team. The Local Offer is a website for young people, families, and professionals who work with them, that sets out in one place, information about local services.

www.northamptonshire.gov.uk/localoffer

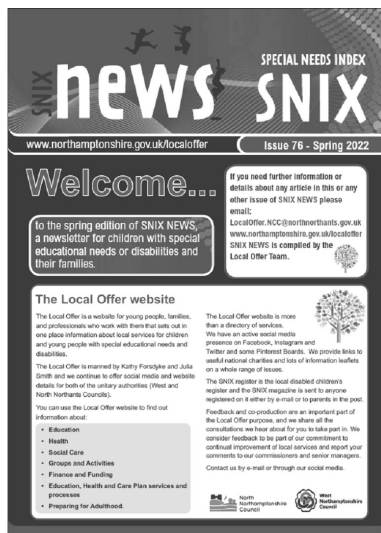
...And Don't forget to Register for SNIX News!

The Special Needs Index (SNIX) is Northamptonshire's Disabled Children's Register. This database is dedicated to children and young people (aged 0 to 25 years) who have a special educational need or a disability (SEND) and live in Northamptonshire.




Families who register for SNIX will receive a free copy of SNIX News each term, either by email or post. The magazine is full of information about local services, resources, and leisure activities for children and young people with SEND.

You can sign up for SNIX News by completing the registration form here: <https://buff.ly/3vKwtkt>.

Professionals can sign up to receive the SNIX newsletter via email by emailing their details to Localoffer.NCC@northnorthants.gov.uk.



Contact Us:

-  Localoffer.NCC@northnorthants.gov.uk
-  0300 126 1000, (North) or 0300 126 7000 (West)
-  One Angel Square, Angel Street, Northampton NN1 1ED

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