Blackthorn Children’s Centre - 01604 413504
Longmead Court, NN3 8QD

Ecton Brook Children’s Centre - 01604 401230
Ecton Brook Road, NN3 5DY

Kingsthorpe Children’s Centre - 01604 791537
St. Davids Road, NN2 7QJ

Penfold Children’s Centre - 01604 820909
Penfold Close, NN2 8AP

Spring Lane Children’s Centre - 01604 820909
Spring Lane, NN1 2JW

Thorplands Children’s Centre - 01604 367151
Farmfield Court, NN3 8AQ

Upton Children’s Centre - 01604 750233
Barring Street, NN5 4DD

Monday - Thursday: 9.00am - 5.00pm
Friday: 9.00am - 4.30pm

Blackthorn is closed on Fridays
Penfold, Spring Lane and Upton are open part time. Please call for details

To find out what activities are available at the Libraries please visit the Northamptonshire County Council website.

For all NHS services please visit www.nhft.nhs.uk/0-19
Families with Special Education Needs and Disabilities
10.00am - 11.30am
Kingsthorpe CC
Drop in group

Sleep Solutions
12.00pm - 1.00pm
2nd Monday of month
Thorplands CC
Booking required

Multiple Birth Group
9.30am - 11.30am
Term time only
Thorplands CC
Drop in group

Flourishing Babies and Stay & Play
9.00am - 11.00am
Term time only
Kingsheath Academy
Drop in group

Sleep Solutions
1.00pm - 2.00pm
Last Wednesday of month
Kingsthorpe CC
Booking required

Housing Advice
1.00pm - 3.00pm
1st & 3rd Wed of month
Blackthorn CC
Booking required

The Incredible Years
12.30pm - 2.30pm
Starts 15th January
Blackthorn CC
Booking required

Health Day
Well Baby Clinic
1.00pm - 3.00pm
2nd Thursday of month
Ecton Brook CC
Drop in group

Solihull
Teen Triple P
9.30am - 11.30am
Starts 14th January
Ecton Brook CC
Booking required

Health Day
Well Baby Clinic
1.00pm - 3.00pm
Kingsthorpe CC
Drop in group

Health Day
Well Baby Clinic
9.00am - 10.45am
1st Friday of month
Thorplands CC
Drop in group

Craft Club by Growing Together
9.30am - 11.00am
Tuesday, Term time only
Blackthorn Family Centre, NN3 8QH
Tel: 01604 411166
Drop in group

Tots Group by Growing Together
9.00am - 11.00am
Thursday, Term time only
Blackthorn Community Centre, NN3 8QD
Tel: 01604 411166
Drop in group

Stay & Play by Woodvale Primary School
9.00am - 11.00am
Thursday, Term time only
Woodvale Primary School, NN3 8JJ
Tel: 01604 493771
Drop in group

Toddler Group by St. Andrews CEVA Primary School
1.15pm - 2.45pm
Thursday, Term time only
St. Andrews CEVA Primary School, NN3 5EN
Tel: 01604 406486
Drop in group

We offer the following Parenting Programmes in our centres Please call 01604 401230 for further details.

The Incredible Years - the goals of this programme are to support young children’s behaviour problems and promote their social and emotional development. Aimed for parents of children aged 3-6 years and 6-12 years.

Solihull, Understanding Your Child’s Behaviour - The programme is about understanding how your child is feeling, tuning into your child’s needs, responding to your child’s feelings, different styles of parenting, having fun together, communication, the importance of sleep, self regulation and anger. Aimed for parents of children from birth to 18 years.

Triple P - This programme offers support for behavioural and emotional problems in teenagers. The aims are to prevent problems in the family, school and community, to encourage teenagers to reach their full potential in life. Aimed for parents of children from 12-19 years.

We also offer the Freedom and Stay Free programmes in our centres.

N.B. This timetable is subject to change