FINE MOTOR SKILLS
3 YEARS TO 4 YEARS

Give the child time to think and respond
Remember to reward with praise
### 3.6 - 4 Years

**Children are able to use scissors to cut more precisely following lines and curves. Able to copy some letters with a tripod grip and draw a person with a head, trunk, legs and arms. Attempts to draw a variety of named pictures.**

Able to thread small hole beads on to a fine lace and in imitation is able to build a six block step and use more complex construction resources/tools.

Starting to use a knife for spreading and show increasing skill in ball games e.g. throwing catching and bouncing.

Attempts to do up zips and buttons.

---

**Suggestions to develop fine motor skills**

- **Small Bottle tops and lids** — for twisting and unscrewing
- **Nuts and bolts, cogs and wheels** — different sizes
- **Play Dough/plasticine and dough** — activity centre, baking utensils
- **Water play** — bottles / jars with lid, squeeze / twist flannels and sponge, syringes, funnels
- **Threading more intricate beads for a necklace** — on a thin lace
- **6 piece interlocking puzzles**
- **Tweezers** — picking up different sized objects e.g. pasta, lentils, split peas
- **Keys** — turning and twisting to open and lock e.g. garage and car set
- **Popoids** — for joining and pulling apart
- **Wind up Toys**

---

*All activities are to be carried out with adult supervision only*