



Educational Psychology Services

COVID-19 Support

Children with SEND: Advice for parents and carers

Bringing positive change and growth from the application of psychology through innovation and excellence

The current situation is challenging for us all but children with Special Educational Needs and Disabilities (SEND) may be finding things particularly hard. If your child has SEND but is not attending school, government guidelines show that schools are still responsible for providing activities and feedback for children and young people with SEND and your child's school should be in touch regularly:

[Help children with SEND continue their education during coronavirus \(COVID-19\) - GOV.UK](#)

Here are some suggestions that may help to support children and young people with SEND who are not attending school:

- Create a routine
- Help them stay in touch with friends and family
- Try activities together
- Help your child express their feelings
- Help your child to cope with anxiety

A wide range of resources for supporting children and young people with SEND have been collated by our colleagues including lots of lovely activities for:

- Early Years
- Learning at home - general and SEND
- Wellbeing and anxiety
- Sensory needs
- Sensory Impairment

These resource can be found at the following link: [Supporting Children and Families - including those with SEND](#)

In addition to the extensive links provided there we would also suggest:

[Coronavirus \(COVID-19\) | Down's Syndrome Association](#) | [Young Epilepsy](#) | [Charity for Children and Young People with Epilepsy](#) | [Centre for Deaf - information in BSL](#)

help observe consult assess focus advise
encourage develop appreciate
