During this time of Covid19 We are able to offer the following for your school:

- **1:1 sessions with young people who you have concerns around their substance misuse and you have referred them to us.** This can only be done if social distancing rules can be adhered to.
- **Small group drug and alcohol education sessions to target groups of vulnerable young people e.g. at risk of exclusion, adverse life experiences etc.** Again we can deliver this to small groups of 3 or 4 YP in a classroom where SD rules can be adhered to.
- **We have developed a session that can be delivered by the teacher and involves YP completing research and a quiz as well as viewing some videos.** We will then ‘attend’ a Zoom or Teams virtual session with the class to answer any questions and go through what they have learnt.
- **Motivation to change group over two sessions.** This group is aimed at students who do not want to make changes or have mixed feelings about changing their substance misuse. The aim of the group is to look at what change means and to encourage clients to be aware of the choices they make, in order to move forward.
- **We are currently looking at how we can deliver the drug exploitation group for targeted groups of students virtually.** However in small groups sticking to SD rules we can deliver this at school. This group aims to raise awareness of child drug exploitation. It explores the associated risks and consequences, the grooming process, how to say no and get out of situations and where to get help.
- **Monthly drop in after school for teachers in staff room so they can have discussions with us about students or get support for class sessions around substance misuse.** This can be done either virtually or a visit by a worker sticking to SD rules.
- **We are available on the phone for professionals at any time and have a dedicated time slot of 2-4pm Tuesday and Thursdays for parents to contact us to discuss any concerns they have.**