

An Awareness of Restorative Approaches in School

For what age?	At what level?
All school ages including adults	All levels

What is restorative approaches?

A restorative approach is evidence-based for promoting positive behaviours and reducing inappropriate ones to enable schools to become Restorative Schools.

A Restorative School focuses on the importance of relationships for maintaining emotional wellbeing, resolving conflict and preventing harm. Becoming a Restorative School has many benefits including increased attendance, reduced exclusions, and improved achievement but is a significant undertaking which requires steady commitment from the whole school community.

The course focuses on:

- The foundations and principles of restorative approaches.
- Exploring the evidence base and impact for schools and young people.
- Strategies and practical steps for implementing and embedding the approach.
- Being clear about the next steps and where to seek further guidance on restorative approaches.

How do we know it works?

We know from evidence nationally that working in a consistently restorative way has positive benefits for all those involved. Skiba et al (2008), Bristol, RAIS (2009) and Acosta et al (2017) found that the impact of restorative practice can be:

- Improvements in emotional literacy across the school.
- Improved relationships.
- Increased staff confidence when dealing with challenging behaviours.
- Increased feelings of belonging, connectedness, community, respect and wellbeing for both staff and pupils.

Reductions in fixed term exclusion rates lower incidents of anti-social behaviour and bullying.

How can I access training?

To access centralised training, including at the TaMHS Conference if appropriate, please visit:

- [LGSS I Learn booking website](#)

Training at your school, or within clusters, for your staff can be commissioned from the Educational Psychology Service by contacting the TaMHS Administrator:

tamhs@childrenfirstnorthamptonshire.co.uk or by speaking to your Link Educational Psychologist

What do delegates say about this training?

I need to try to take the time to follow up any incidents so that both myself and the student can move on.

I knew 'about' Restorative Approaches but not its practice. It's great to hear the theory behind it and about the studies.

It's important to remember that students have a lot going on in their lives that can have an impact on them at school.