



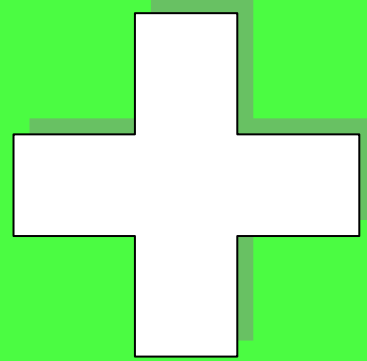
Name:

Address:

.....

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In Case of Emergency.. Grab Bag



Out of area contact

Name:

Telephone:

In Case of Emergency Grab Bag checklist:

Prescription medicines details – for the family

Toiletries

Identity documents (passport, driving licence)

First Aid Kit

Radio (battery or wind up)

Torch (battery or wind up)

Spare batteries

Notebook, pen/pencil

Spare glasses/contact lenses

Mobile phone charger and other chargers as necessary

Emergency Plan with contact list

Insurance details

Spare keys for house/car

Special items for babies/children

Items for your pets

Important computer information backed up onto a USB

What else? (Chocolate is always useful!)
