

KETTERING HEALTH & WELLBEING MEETING
16th October 2014

Present: Patricia Dewar (Groundwork / Kettering Voluntary Network, PD), Sue Watts (Age UK, SW), Jenna Bartley (KBC, JB), John Conway (KBC Housing, JC), Kate Holt (Healthwatch, KH), Joseph Pryce (Nene CCG, JP), Tracey Angus (Nene CCG, TA), Rachel Wilson (Accommodation Concern, RW), Stephen Marks (Northamptonshire County Council, SM)

Serial	Issue	Action	Owner	Review/Comments
1	<p><u>Welcome & Introductions</u> PD welcomed the group and introductions were made.</p>			
2	<p><u>Apologies for Absence</u> Received from Louise Tarplee, Mick Berry, Russ Howell, Jo Pettitt, Debbie Egan and Sandra Mellors. It was noted that Natasha Burne is no longer with Kettering General Hospital and Rosemary Plum is no longer with the LPC and so will not be attending these meetings in future.</p>			

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3	<p><u>Matters Arising/Minutes from Last Meeting</u></p> <p>The committee was happy that the minutes of the previous meeting accurately reflected the discussion.</p> <p>Following conversations with other fora in the county, PD updated that there doesn't appear to be any money available for a local forum. SM commented that the purpose of the meeting is to allow conversations between organisations that manage their own existing budgets differently as a result. Whilst there is no set route for obtaining funding, it may be the case that the Board would not withhold funding in exceptional circumstances if a viable case was put forward.</p> <p>The result of the Community Wellbeing tender was expected to be announced on Monday but as yet it has not been. Whoever is awarded will be invited to the December meeting.</p> <p>The forum discussed the feeding up and down of information between the local forum and the countywide Board. Whilst there has been a lack of this, it was felt the Board has been acting to improve this through Chair meetings with Cllr Brown, the appointment of the Board Business Manager, development of website, etc.</p> <p>Re the ToR and inclusion of a representative from local business, JB spoke to the borough's Economic Development Officer – a Councillor working with Business in the community who represents a number of businesses in the town centre. The first meeting of this group was in July and a representative may wish to attend the forum.</p> <p>RW met with RH to plan solution to lack of affordable fruit and veg in the town centre. There is also a real issue with people not being able to afford fridges or the electricity to run them. A plan is being sketched out and RW will update when this is approved.</p> <p>PD commented that there is a new food bank in KCU who may wish to attend this forum.</p>	<p>JB to invite a representative from the group.</p> <p>Update on progress at next meeting</p> <p>Invite to meeting</p>	<p>JB</p> <p>RW</p> <p>PD</p>	
4	<p><u>Sign off of Terms of Reference</u></p> <p>The Board was happy and agreed with this draft of the ToR.</p>			

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5	<p><u>Review Action Plan</u></p> <p>The Group discussed the possibility of choosing one action to move forward, considering that higher level countywide projects already cover many of these areas, eg. The transformation of GP and Urgent Care will also address A&E attendances. It was therefore felt that Promoting Healthier Lifestyles was an action that the forum could most influence.</p> <p>It was considered that this plan doesn't address hard to reach populations as they don't engage in health awareness days, often don't have a local employer, etc. though some of the projects do aim to engage groups such as schools in poorer areas. This would need to be considered in the group's approach.</p>			
6	<p><u>Discuss HWB Board Business Manager role and HWB Board website</u></p> <p>JP and PD met with Peter Lynch, who has been appointed as the Health and Wellbeing Board Business Manager. The role has been generated to facilitate better communication between the Board and the Locality Fora, and between each Locality. Peter can act as a useful point of contact for any queries raised during a meeting that require a response from a member of the countywide Board. Peter is also working on a website which is being designed to share information of the work going on in each District or Borough. This will allow each forum to see how other meetings are operating and learn of any successful schemes and projects. If anybody has anything they would like to have added to the website, Peter can be contacted on PLynch@northamptonshire.gov.uk.</p>			

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7	<p>Kettering's Changing Housing Market</p> <p>Some significant changes in the housing market over the last few years have led to adapted services.</p> <ul style="list-style-type: none"> - Changing demographics - Home ownership reducing - Generation Rent, more people living in private sector for long periods of time - Rising homelessness - mismatch in supply and demand - Single rental market developing in Kettering <p>Population increased by 14% between 2001 and 2011. And a 24% in the number of people over 65. 61% of council tenants are over 60. Sheltered housing residents are 14% over 90, while these residences are not designed for very old and frail inhabitants. Another change having an impact is that people living with physical disabilities are living longer, and so there is an increasing amount of spend on disabled facilities grants.</p> <p>Owner occupiers have reduced from 76.86% to 70.3% in the same period, due to increased house prices (5% over last year) and difficulty in getting a mortgage. 80% of Kettering residents have a household income below £54,000 – the amount required to purchase an average priced property on a typical mortgage.</p> <p>Between 2001 and 2014 the number of adults renting privately rose from 7% to over 20%. Social housing tenancies are less attractive or desirable.</p> <p>The number of people contacting the council for help has rapidly increasing, and the number of rough sleepers is also increasing. Cuts to supported housing budgets mean that people with complex needs are at risk of homelessness.</p> <p>There is a mismatch of supply and demand - 60% of households on the Keyways register are singles and childless couples, but 1 bed properties only comprise 25% of the Council's housing stock.</p>			

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	<p>Council housing is now a business, has to service a £72.9m debt, and so needs to fill the properties and collect the rent. But they still have a social purpose and want to provide quality housing at an affordable rent. The challenge lies in surviving in a competitive market whilst providing this social service. Housing is meeting these challenges by:</p> <ul style="list-style-type: none"> - Income management - Increased tenancy support team, to help tenants take control of their lives - Overhauling approach to homelessness - Marketing properties professionally - Remodelling the housing stock – 3rd of stock was bought before 1945, so houses are being completely remodelled to remain relevant, reducing the number of bedrooms, etc. - Building new houses within 2 years 			
8	<p><u>Update from Nene CCG</u></p> <p>The proof of concept for the Kettering Collaborative Care Team model has been approved by the Board of Directors. The Locality Team is now meeting with NHFT to discuss how the service spec can be delivered. TA also recently met with SW to see what can be offered towards the model as the CCT concept includes both clinical and non-clinical input.</p> <p>Dr Paul Ayton has been appointed as the new GP Chair for the Locality. Initially this is on a 3 month trial period whilst staffing issues at the practice are being resolved, with a view to taking the role on permanently if it is possible. Dr Ayton is a GP at Rothwell Surgery.</p> <p>Update on Primary Care Streaming at KGH:- The model consists of a GP who will see patients entering A&E with minor ailments and non-acute primary care presentations. The service operates 18.00-midnight Mon-Fri and 9.00-16.00 Sat-Sun.</p> <p>A pilot for a nurse streaming within the department commenced on the 13th October 2014. The pilot will run for two weeks with a short evaluation then proceed for the remainder of the financial year if it is successful.</p>			

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9	<p><u>A&E Attendance Figures</u></p> <p>JP shared some data with the group looking at the reason for A&E attendances and the demographic of people attending. This document will be attached with the minutes.</p> <p>In 2013/2014 the Kettering locality had a total spend of £3,010,160 on A&E attendances. Looking at the attendance per 1000 weighted list size reveals Kettering patient's activity is not as high as the Northampton Localities'; however there is scope to reduce the A&E attendance within Kettering and achieve some savings.</p> <p>As well as the high number of 0-4s attending, there is a second peak between the ages 20- 29, an age groups that results in higher costs than 0-4s..</p> <p>These are patients that potentially could be re-directed to GP Practices and that if we don't re-educate will continue to be high users of A&E for a long time. Additionally there appears to be a high number of attendees aged 40-44.</p> <p>71% of 20-29 year old Kettering patients attending A&E left without receiving any treatment. More than 50% of attendances were during GP in hours.</p> <p>There is opportunity to reduce the number of A&E attendances within the Kettering Locality and create large savings whilst improving patient care and reducing the risk of a poor quality service for those who do need emergency care.</p> <p>The group discussed the difficulty with getting the message across about appropriate services. As well as A&E Streaming, the Locality Team is looking at GP receptionist training to improve awareness and use of emergency GP appointments and diverting from A&E.</p> <p>Healthwatch have recently carried out GP surveys, looking at accessibility from the patient's perspective.</p>			

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10	<p>Update from KBC</p> <p>There are now 21 men doing the biggest loser competition, and JB is working on the planning of a January Health week with Weetabix, linking in with Dry January. Anybody who would like to get any messages to an engaged employee group, they can contact JB to get involved.</p> <p>New Health Walk starting in Rothwell. Applying for accreditation by December. The 20 million steps campaign in September achieved 23 million steps. There is also funding available for an equivalent cycling scheme, with a free training course for any interested leaders.</p> <p>JB went to Linden Surgery to engage with patients, and invited to speak to GPs about the work that the borough does.</p> <p>Continuing to work with schools. NHFT are meeting with JB to discuss introducing a replacement scheme for Mend; JB is keen to ensure there aren't lots of little schemes covering the same purpose.</p> <p>The Cornmarket Hall is holding a Health and Wellbeing event for National Stroke Day on the 29th October. Any interested organisations who want to have a stand can contact JB.</p> <p>The Eat Out Eat Well campaign (also known as the Healthy Eating Award Scheme) was piloted in Surrey in 2009. Kettering are now looking at replicating a similar scheme in the local area. The scheme recognises those businesses who offer healthier options to their customers with an award. Volunteers will be going into businesses and discussing how healthy their menu choices are.</p>			
9	<p>AOB</p> <p>KH updated on Healthwatch campaign 'Make Your Voice Count' using a mobile office unit and carrying out surveys for patients. KH to provide to JB to share.</p> <p>According to Public Health Profile, Kettering STI levels have increased. It was queried whether Bodywise is still operating in the area.</p> <p>The Laura Project: flyers distributed to group members to promote. Promoting in response to shocking number of residents who classified themselves as 'Very Lonely' in a recent survey.</p>	Provide survey to JB or JP for circulation to group	KH	

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10	<u>Date & Time of Next Meeting</u> 18 th December, 10 – 12am.			