

KETTERING HEALTH & WELLBEING MEETING

18th June 2015

Present: Patricia Dewar (Groundwork / Kettering Voluntary Network, PD), Debbie Egan (CAB, DE), Jenna Bartley (KBC, JB), John Conway (arr. 11am) (KBC, JC), Shirley Plenderleith, (KBC, PH), Joseph Pryce (Nene CCG, JP), Tracey Angus (Nene CCG, TA), Louise Tarplee, (Nene CCG, LT), Rajwinder Gangotra (Public Health, RG), Micky Berry, (Northants Fire & Rescue, MB), Peter Lynch (HWb Board, PL)

Item	Issue	Action Lead
1.	<p><u>Welcome & Introductions</u> PD welcomed the group and introductions were made. Apologies were received from Deborah Mahon, Clare Culpin, Julie McGreavey, Rachel Bradlaw-Wilson, Rachael Duthie, Kate Holt, Charlie Brewster and Cllr Mick Scrimshaw.</p>	
2.	<p><u>Matters Arising/Minutes from Last Meeting</u> The committee was happy that the minutes of the previous meeting accurately reflected the discussion and there were no matters arising not covered on the agenda.</p>	
3.	<p><u>Steering Group Update and Discussion on Proposed Priorities</u> TA and JP Recapped workshop and updated on the outcomes of the steering group meeting, including the 'Breathe' paper, which will be circulated with the minutes.</p> <p>The next piece of work will be to identify what we currently have under this and are there any gaps? What can we do to fill those gaps?</p> <p>It was raised that Healthy eating is missing. This had been discussed under 'Being happy' but it was agreed this should be more clear. 'Being happy and healthy' or 'Healthy workplaces and homes' were suggested as alternatives.</p> <p>The priorities detailed in the document were agreed, and it was agreed that different organisations would have different projects ongoing under these priorities. A working document was proposed which will contain the projects people are doing – this will help to reduce duplication and identify gaps.</p>	JP

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	<p>There was a conversation over the group having specific measurable outcomes – eg. impact on sickness rate. Any targets set need to be truly achievable. There is also a need to recognise that many of these projects are very long term and will not have immediate improvements. It was discussed whether the Health & Wellbeing partnership’s outcomes would need a specific target, as the individual organisations involved will already have these attached to their own priorities. It was also commented that existing resources are currently stretched and already committed to delivering other things, and so setting targets for the group to achieve is not practical. One of the functions of the forum is identifying ways that funding and staff commitment can be saved eg. by working together to free up resources. However, the forum does need to have baseline figures so we can see whether or not any initiatives have had a positive or negative impact.</p> <p>Action – RG to circulate known baselines for the selected priorities. Others can then add to this document.</p> <p>There was a discussion over launch of the new CIC, and how this will link in as some of their outcomes will be very similar to ours. LT suggested that this could potentially be a provider for projects suggested at this forum.</p> <p>LT suggested Acre (a lottery funded project in East Northants looking at social isolation) attend this meeting to update on the work they have been doing. PD discussed Barclays Digital Eagles; we don’t know what they provide but it would be useful to have somebody attend to discuss this service and how they can support.</p> <p>It was agreed that each meeting could have a 15 min slot for a visitor to inform the group of what they do and identify areas we could work on. It was also agreed for the agenda to have a regular update from PL on the countywide HWB Board.</p> <p>The group discussed the low numbers in attendance today. It was commented that last meeting had a large number; it is now holiday season and there were lots of apologies for this meeting so this is understandable. It may be useful to encourage those where possible to send a deputy if they cannot attend.</p>	<p>RG</p> <p>PL</p>
4.	<p><u>Nene CCG Update</u> Currently undertaking consultations over the reprocurement of 111 and OOH services. Members of the public are being asked to share their experiences of the services and how they would like to see these shaped in future. This can be accessed on the Nene website if anybody would like to make comments.</p> <p>Interviews were held yesterday for the substantive role of Chief Executive of Nene CCG.</p>	

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	<p>There is some work going on around commissioning intentions and utilising the patient engagement groups. The CCG is utilising a health bus to go out into communities and discuss diabetes, cancer and dementia with members of the public. Action - Dates will be circulated as a good opportunity to share views.</p> <p>Age UK are now providing the Collaborative Care Team in Kettering; working with GP practices and providing different interventions (giving information, low level support, signposting) to identified patients. It will be useful to have the team attend a future meeting to update on the work they have been doing.</p> <p>MB queried whether it will be possible to be informed about patients using Oxygen so that the Fire Service can give a free fire safety check and provide advice to these patients. As Oxygen is a prescription only medication it may be difficult to share this information, but it is possible that they could link in with the CCT or that another solution could be arranged. Action - TA to meet with Mick Berry outside of this meeting.</p>	<p style="text-align: center;">TA</p> <p style="text-align: center;">TA, MB</p>
5.	<p><u>KBC Update</u></p> <p>The Weetabix health week going ahead and the timetable was sent out yesterday, with a full programme of partners going in and delivering health advice. 1 day will be in Corby and the rest of the week in Burton Latimer.</p> <p>Cooking clubs have now finished for the year at Grange. The fire service came down to the last cooking session and worked with the children, this was a good opportunity to engage with the parents as well; many of these would have been high risk. JB is working to extend the work with schools to include visits to the green patch. Funding from county's Healthy Child Project has enabled the purchase of outdoor table-tennis tables, a community garden and cooking equipment such as mobile hobs.</p> <p>The Fire service is also looking to engage in health walks. There is more training available for volunteers for health walks and funding to promote the Burton Latimer session. KBC held interviews last week for Sports and Wellbeing Coaches. Walking football continues in Kettering and the Desborough group has now started and is looking for volunteers. There is an upcoming event fundraising for Kettering General Hospital Charity on the 29th June. The Saints will be there with free refreshments and cake. There is no sign-up fee but donations to the charity fund are encouraged.</p> <p>Free Learn2b sessions have begun at the Cornmarket Hall. JB to send course details.</p>	<p style="text-align: center;">JB</p>

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	<p>JB is also working with Leona Mantle on a Meet and Greet with tenants to discuss services available. If you would like any messages to take along, please contact JB.</p> <p>SP updated on the Eat out Eat well event – there has been really positive feedback. Chefs are interested in mentoring other businesses in healthy cooking to bring up the quality of food in all areas.</p> <p>There has been a bid for some money from PCC to work with local licensees to develop cheap drinking alternatives for 18 – 24 year olds in Kettering. There has already been success with some licensees.</p> <p>The Womens’ Cycling Tour coming to Kettering tomorrow. Lots going on in the market place and really worth going to.</p> <p>Attempts to identify tenants who KBC don’t know much about (eg. always pay their rent) and whether they have support needs so that these can be put in place before it becomes a health risk.</p> <p>JC is meeting with Clare Culpin to look at how they can work more closely with the hospital, particularly around discharges and step down beds.</p>	
6.	<p><u>AOB</u></p> <p>-</p> <p>The next meeting will be 20th August at the Committee Room, Kettering Borough Council.</p> <p>MB offered the use of a lecture room at the Fire Station for a future meeting</p> <p>.</p>	