

KETTERING HEALTH & WELLBEING MEETING
18th December 2014

Present: Patricia Dewar (Groundwork / Kettering Voluntary Network, PD), Jenna Bartley (KBC, JB), Kate Holt (Healthwatch, KH), Joseph Pryce (Nene CCG, JP), Tracey Angus (Nene CCG, TA), Louise Tarplee (Nene CCG, LT), Charlie Brewster (PE & School Sports Partnership, CB), Clare Culpin (KGH, CC), Jo Pettit (Mind, JPe), Karen Cornick (Public Health, KC), Rachel Duthie, (Hope, RD)

Serial	Issue	Action	Owner	Review/Comments
1	<p><u>Welcome & Introductions</u> PD welcomed the group and introductions were made.</p>			
2	<p><u>Apologies for Absence</u> Received from Mick Berry, Russ Howell, John Conway, Debbie Egan, Sue Watts, Rachel Bradshaw-Wilson, Sandra Mellors and Stephen Marks, with Karen Cornick attending from Public Health.</p>			
3	<p><u>Matters Arising/Minutes from Last Meeting</u> The committee was happy that the minutes of the previous meeting accurately reflected the discussion, other than Apologies noted for Charlie Brewster and Debbie Egan.</p> <p>Matters Arising:</p> <p>PD updated that the Community Wellbeing Tender was not awarded to anybody in Kettering or Corby, with current contracts extended to the end of March. Elsewhere in the county the tender has been delayed. There has been an illegal challenge resulting in this hold up. This has been very frustrating for the Voluntary Sector as the two consortiums in Kettering and Corby had begun to make some headway but there will now be no change in January</p>			

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4	<p><u>Health Works – Early Help and Prevention</u></p> <p>The forum welcomed Carole Carson from Youth Works CIC, who were awarded the Early Help and Prevention programmes for the Kettering area.</p> <p>Other areas in Northamptonshire were awarded to service 6. The aim is to support families and reduce the demand of high level specialist support, working mainly with tier 2 and into tier 3 cases.</p> <p>Working in partnership with Groundwork, HomeStart, and WomensAid, the contract supports children from age 5 – 19, while children centres support families with children under 5.</p> <p>Interventions cover 3 strands: Domestic Abuse Challenging behaviours Parenting Work and Interventions</p> <p>They have about 6 – 7 different programmes under those strands, including 1 – 1 mentoring support, working with the police, resilience programmes and coping mechanisms, personal safety programmes, 123-Magic program for parents, etc.</p> <p>This is all carried out by volunteers, who go into homes and support families who are struggling.</p> <p>The referral process was originally intended to be through health, schools, target prevention teams and other NCC routes, but until recently referrals have had to come through a complex case referral – this was limiting referrals to 1 or 2 a fortnight, now this can be up to 10 a week.</p> <p>Tier 4 cases can also be referred into the service, but they would go onto the waiting list as the services are predominantly geared towards tiers 2 and 3.</p> <p>Has there been a message about this service to GPs? The Team was not able to publicise how to access the service; this was previously controlled by NCC but now they have been out to primary and secondary schools and have a very healthy relationship with them, but not yet to GPs. Carol was invited to a Kettering Locality GP Board Meeting.</p>	<p>Arrange for next Locality Board Meeting</p>	<p>JP</p>	

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4	<p>Behavioural Interventions include: Turnaround Plus – accessing positive activities, sporting activities, cooking, working 1 – 1 with a mentor and finding out what the issues are affecting that person. May work with a young person in school to help build their relationships with staff and other pupils. Group settings are commonly used for younger age.</p> <p>Regarding working more closely with CB’s work, CC to discuss further with CB about sitting on a steering group.</p>			

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5	<p>KCU Update</p> <p>The Group welcomed Paul Jackson, CEO of KCU. PJ provided a brief summary of KCU’s core activities – to provide free education and training for the unwaged and low waged. The people who come to KCU often also require a step up in confidence as well as training. The Charity also provides practical support, CV writing, etc., and work experience, eg. through the retail outlets in Kettering Town Centre.</p> <p>Recently KCU has received a KBC contract for recycling furniture. Donations are taken from the recycling forum – including several local businesses; previously this would have been thrown out.</p> <p>NCC asked KCU to provide a food bank. The food bank is associated to the Trussell Trust who run 430 food banks in the UK. The Northamptonshire model has the Phoenix Distribution Hub which distributes food on a Needs basis to each of the 7 food banks across the county, which started about a month ago. This is a much more efficient model and it is starting to show.</p> <p>There is a desire to reach more people in the wider community and increase the number of distribution points to improve access. The food bank is working in partnership with NCC, KBC, Asda, local charities, churches and local agencies. Another purpose for the foodbank is to open dialogue with customers and look at progression from their current dependency on the food bank. The emergency food provision therefore works hand in hand with the education & training and the recycling of furniture streams of KCU. Rather than holding all food stores at the main centre at Stanyers Close, partners across the Borough are holding parcels of food to provide at the areas people first attend when they need it. Through the 3 workstreams, over 15,000 will be reached, which is around 30% of the Kettering town population.</p> <p>CC raised the process of patients being discharged from hospital – sometimes there are concerns over how elderly patients will be able to get food into homes, etc. Is there potential to work together here? PJ happy to have a conversation about whether the hospital would be an appropriate distribution point.</p> <p>This has not replaced the previous food bank, and there is no reason why the two food banks cannot both operate in the town to reach as many people as possible.</p> <p>It was advised that the food bank is also linked in with school nurses.</p>			

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6	<p><u>Update from Nene CCG</u></p> <p>Collaborative Care Team Update - Within Kettering NHFT are going to be the main provider but are linking in with Age Concern to develop the service. Hoping to go live on the 1st of February so we will be able to update on the service at the next meeting.</p> <p>Locality Teams Update - Louise is now the only Senior Locality Manager (previously there was one for each of the CCG's 8 Localities) and so will be covering the whole county with Locality Support Managers stepping up.</p> <p>GP Chair - Dr Ayton's role as GP Chair for Kettering Locality has been extended until March which is good news for the locality, however he is doing this with his own time and annual leave and at the moment this time is not flexible enough to allow Paul to attend the HWB forum. Hopefully this will change as recruitment takes place to reduce current pressures on the practice.</p>			
7	<p><u>Update from KBC</u></p> <p>Health Walks Scheme has applied for accreditation which will demonstrate it as a benchmark for a good health walks scheme (following correct policies, good risk assessments, etc.) and JB will update at next meeting.</p> <p>Libraries are doing a HWB week starting on the 17th January – anyone who is involved with improving health and wellbeing in Kettering is invited to come and provide any messages. Anyone interested can e-mail JB to forward onto libraries.</p> <p>JB is now doing 2 days a week with NCC going into Kettering schools helping kids to meet healthy lifestyle targets.</p> <p>KBC's Sport Health & Wellbeing Coach has resigned and so the team is currently understaffed and looking for a replacement to maintain delivery.</p> <p>CC suggested talking to KGH about any health and wellbeing days as they may be able to release nurses for health checks etc.</p>			

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8	<p>Update from KGH</p> <p>KGH is currently in the middle of a significant internal incident, raised when pressures are such that patient safety could be at risk.</p> <p>Ambulances were stacking up outside and patients in corridors. This has been due to both increased demand at front door and delayed transfer of care. Thanks to support from partners things have improved today but the situation is still fragile.</p> <p>KGH now has the framework for how to deliver the 5 year strategy. There is a big push for modernisation of core services and integrated working in the community and KGH is aiming to be a Health and Wellbeing Campus – looking to stem the tide of health issues that we are seeing. Having workshops in January to discuss what a Health and Wellbeing Campus would look like, what would they like to see change etc., as making a health impact on staff would effectively be an impact on 3,000 local residents.</p> <p>Fantastic new cardiology unit but patients aren't feeling they are having a lot of continued health support.</p>			

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9	<p><u>Updates from other members:</u></p> <p>Public Health: KC gave an update on the new Public Health Team. Public Health transferred into NCC in April 2013, since then there has been a restructuring of the team. This team is very new and has been formed between October and December 14. The aim is to get the process right to maximise engagement without duplicating current work. Karen has a clinical background with a speciality in School Nursing and is tasked with developing the School Nursing Teams.</p> <p>Hope: RD attended on behalf of Hope, who provide prevention work for drugs and alcohol. Recently a team of volunteers have finished training, who will work with children, YPs, adults, etc. regarding Drugs and Alcohol. There will be a stand in Newland Shopping Centre on 21st January to engage with the public and explain more about the work of the organisation. If you have staff that need training in drugs and alcohol, or want to engage with young people on courses there is capacity to arrange this. Rachel will give a more detailed presentation at the next meeting.</p> <p>PE & School Sports Partnership: CB updated on current frustrations due to non-linked up working and lack of measurement of the impacts of interventions carried out in the last 18 months</p> <p>Healthwatch: Carried out first stage of GP survey and looking to have first report in January / February. Youth Conference is planned for Wednesday 18th February at the Kettering Conference Centre. Free event for 12-18 year olds; fantastic program lined up with fun activities in the afternoon. PDF will be sent out to the group as Healthwatch are looking to promote this event to as many as possible.</p>	<p>Circulate Flyer to Group for sharing amongst interested parties</p>	<p>JP</p>	
10	<p><u>JSNA Demography Profile</u> Comments will be made on JSNA next meeting when people have had a chance to read it.</p>			

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9	<p>AOB Agendas and Minutes will now be displayed on the Kettering HWB forum website, part of the drive to improve communication and share ways of working across different localities. The web link is: http://www3.northamptonshire.gov.uk/councilservices/health/health-and-wellbeing-board/Pages/kettering-health-and-wellbeing-forum.aspx</p> <p>If anybody would like anything else adding to the website, let JP know so he can forward onto the HWB Board Business Manager.</p>			
10	<p><u>Date & Time of Next Meeting</u> 19th February, 10am – 12pm.</p>			