

**HEALTH & WELLBEING MEETING
20th February 2014**

Present: Jo Cox (NHS Nene CCG, JoC), David Staff (KBC, DS), Jenna Bartley (KBC, JB), John Conway (KBC Housing, JC), Sandra Mellors (NHFT, SM), Ann Bodsworth (Womens' Aid, AB), Maggie Price (Healthwatch, MP), Patricia Dewar (Groundwork / Kettering Voluntary Network, PD), Stephen Marks (NCC, Early Help & Prevention, StM), Rachel Wilson (Accommodation Concern, RW), Joseph Pryce (Nene CCG, JP)

Serial	Issue	Action	Owner	Review/Comments
1	<p><u>Welcome & Introductions</u> JC welcomed the group and introductions were made.</p>			
2	<p><u>Apologies for Absence</u> Received from Mike Smeeton, Raf Poggi, Pina Sammarco, Deborah Mahon, Debbie Egan, Rosemary Plum, Jo Pettitt, Charlier Brewster and Dawn Wintle.</p>			
3	<p><u>Matters Arising/Minutes from Last Meeting</u> The committee was happy that the minutes of the previous meeting accurately reflected the discussion.</p> <p>Item 7: The disabled facilities grants' funding mechanism is changing. This will now be paid to the county council and will no longer be ring-fenced. ... UPDATE – NCC have said that the money which is due to come to Kettering will still come to KBC, at least for the first year. There is a growing body of evidence that not having this fund would lead to greater future costs from acute hospitals</p> <p>There were continued concerns about the lack of communication between the district & borough HWB partnerships and the countywide board. It was believed that the current process is to raise issues with Shirley Plenderleith, to pass to David Kennedy to raise at the board via a full written report, but this was considered indirect. PD stressed that somebody from the Kettering HWB forum should be attending the county board. Dr Poggi is very busy and not always able to attend, and when she can is only able to do so as a representative of General Practice and not also as a lead for the HWB group.</p>	<p>Investigate which Borough Councillor feeds into the board, and best method to involve them in HWB</p>	<p>JC</p>	<p>AB commented that she is soon meeting with Dr Akeem Ali and could take any issues that members would like her to raise</p>

Serial	Issue	Action	Owner	Review/Comments
5	<p><u>Integration of Health and Social care</u></p> <p>The first application to the Better Care Fund has been submitted with the second to be put forward in April. It is hoped to support the formation of shared information services and the initiation of a range of schemes to follow on using joint funding. The development of ‘community hubs’ is progressing quickly but remains in early stages.</p> <p>These hubs will have a framework for the model with key services that need to be delivered in each locality, but the way in which these services are delivered will vary in different districts. In Kettering, the hub is likely to have an element of both a physical and virtual existence; possibly a physical location connecting key services together, but with stronger than current links to other external services that may be required. There is likely to be one hub per district/borough, though they may have multiple multi-disciplinary groups operating in the same area. The intention is to achieve less variation in care for people in different areas, and ensuring that we wrap the correct care services around the patient early on.</p>			
6	<p><u>Dynamic Emergency Care Centre (DECC)</u></p> <p>JP shared the analysis for the DECC attendances over the Christmas period. Over the 7 nights, only 20 patients were seen (that we can be sure of – though it is possible not everybody who visited the DECC completed a form.) This was a smaller number than expected.</p> <p>If each of the 20 patients had instead gone to A&E, even at the most expensive tariff the total cost would have been £4740. The cost of the DECC was £5200, and including the associated cost of those advised to attend A&E (this time at the least expensive tariff) this would rise to £5548. The evidence suggests that the scheme is not beneficial for Nene in terms of reducing attendances.</p> <p>RW suggested that as 19 out of the 20 had been drinking, there would be a possibility of the pubs themselves having to fund the DECC. One of the information points aimed to be collected by the DECC was the last place in which the attendee had been served, to act as an indicator for those places serving people who perhaps have had enough already.</p> <p>Unfortunately the usefulness of this data is limited as it looks as though attendees have been asked to complete the form themselves and very few have understood the purpose of the question in the format it was produced.</p>			

Serial	Issue	Action	Owner	Review/Comments
6	<p>The group were unaware of whether John Nichols was looking to continue the DECC scheme. JB updated that John is also currently working with the police to do targeted ads on Facebook to reduce the popularity of binge drinking. KBC have considered messages to this effect on Twitter but concede nobody of the target age is 'uncool' enough to follow their council on Twitter, and that the messages need to be sent by somebody who IS cool / followed by Young People.</p> <p>JB added that the Genesis Coffee Bar will be continuing as an alternative to the alcohol-focused nightlife in Kettering town centre.</p>			
7	<p><u>Reduced Funding for Vulnerable People</u></p> <p>AB has serious concerns that funding for supported housing (refuges, etc.) is being reduced, with the outcome that many vulnerable people (Frail & Elderly, Young People, Domestic Abuse and Health issues, etc.) are at risk of becoming homeless. The current homeless funding wouldn't cover half of those at serious risk. AB would therefore like this to be taken to the county board.</p> <p>This money used to be ringfenced several years ago, but since the removal of this ringfence the funds have slowly depleted due to cuts at county level. AB is meeting with Dr Akeem Ali, but is also hoping to increase awareness, lobbying MPs etc., to make sure people are alert to the fact that money initially set aside for this specific purpose is not reaching the voluntary services aimed at supporting these people.</p> <p>It is likely that this issue has already been discussed at the countywide board. SM suggested producing a brief sheet of A4 explaining the actual costs to the health/social economy if these reductions go ahead. A co-ordinated approach to the county from the borough in this way would be more successful than individual requests from the voluntary organisations affected. The group discussed using this forum to make a response, putting together a list of definite figures, and lobbying the board.</p> <p>An action was agreed for each party to collect and pool numbers on how much is currently being saved and therefore what the predicted costs would be. A meeting would then be devoted to producing Kettering's report on these costs when NCC begin to discuss their commissioning intentions. It was commented that whilst it would be useful to develop a single request including all the affected organisations in one informed campaign, it is very difficult to know who is still operating and providing services in the area.</p>	<p>Individual groups to produce report on what the predicted health/social cost would be as a result of their reduced funding.</p>	<p>All</p>	

Serial	Issue	Action	Owner	Review/Comments
8	<p><u>Update from Nene CCG</u></p> <p>General Practice transformation: Enhanced GP services are changing, and will no longer be commissioned individually with practices, instead there will be fewer contracts with larger provider organisations formed by groups of practices. The private sector has also demonstrated an interest in providing these services and so it is useful for practices to collaborate to make GP providers a more appealing option.</p> <p>In Kettering, the intention is to keep the practices as individual businesses but develop an over-arching provider organisation which will obtain contracts and sub-contract to individual practices.</p> <p>Practices are also looking to develop MultiDisciplinary Teams using existing CCG money which will focus predominantly on improving care for over 75s. These MDTs will effectively be a locality-wide extension of the current Pro Active Care teams present individually in each of the 8 practices.</p> <p>Public engagement: The Kettering locality team will be hosting two introductory drop in sessions on the 13th March. The main aim is to develop a patient group which can act as a voice for the patients of Kettering and from which we can gain an understanding of public opinion on how health services should be commissioned. Anyone interested in attending the event to share the opportunity to interact with the public can contact JP. A flyer will be distributed with the minutes. We would also be very grateful if you could forward the flyer to any membership groups or other parties you believe could be interested.</p> <p>Transformation of A&E: There has been a recent meeting with the Minister for Health to discuss the idea of having a GP-led Urgent Care Centre co-located at KGH A&E (without advertising it as such to avoid increased demand) so that patients attending A&E can be streamed into the UCC and A&E reserved for real emergencies. This would require a physical re-organisation at KGH. The Minister was supportive of the idea, though the proposal must also be agreed by NHS England and Monitor.</p>			

Serial	Issue	Action	Owner	Review/Comments
9	<p>Update from KBC</p> <p>JC to give housing update at the next meeting.</p> <p>JB updated that Val Hitchman will be retiring in May and leaving KBC In April. Thank you to Val for her contributions to the partnership. At the meeting the group was also introduced to David Staff who has taken on the role of Sport Health and WellbeingCoach.</p> <p>There is continued work with raising health awareness, particularly looking at making people aware of what services are available to them for wellbeing areas such as coping with stress and stopping smoking. JB is also meeting with Pina Sammarco and the Stroke Association to discuss the recurrence of the awareness day held in October which they are looking to repeat following its success.</p> <p>Health Walks continue to grow quickly. The volunteer leaders course is fully booked with others waiting to join.</p> <p>RW raised concerns that although there is a current drive to promote healthy eating, there is nowhere in Kettering where people can buy fresh, healthy fruit and veg for a reasonable price, which is causing difficulties for low income families. The only available fruit and veg in inflated prices from supermarkets.</p> <p>The Green Patch is still growing fresh produce but this would need to be on a larger scale and RW worried that even these prices are too much for some families.</p> <p>It was discussed that there was an opportunity for a social enterprise if it was possible to get hold of produce (perhaps from supermarkets as it reaches the sell by date) and sell at a much more reasonable price.</p>			<p>UPDATE – the stroke association plan to hold the same event again this year on the same date 29th October and at the same venue Cornmarket Hall, Kettering from 11 – 3pm.</p>

Serial	Issue	Action	Owner	Review/Comments
10	<p>AOB</p> <p>MP – Healthwatch have recently completed a health and wellbeing survey for the entire county.</p> <p>They are also holding a workshop on 6th March focused on mental health issue. The details are still being finalised. Maggie will forward details to JP for circulation to the forum members.</p> <p>StM - The overall aim of the ‘<i>Children & Families - Early Help & Prevention Strategy</i>’ is to provide early and effective help and support to children and families when they need it, with the long term goal of ‘helping more families in Northamptonshire to be able to help themselves’, thus improving their overall wellbeing and quality of life.</p> <p>A briefing note will be distributed to the partnership along with these meetings. The full strategy can be found at: http://www3.northamptonshire.gov.uk/councilservices/adult-social-care/policies/Pages/EqIAs.aspx</p> <p>Actual Strategy website: http://www.northamptonshire.gov.uk/en/councilservices/children/plans-and-partnerships/cypp/Documents/PDF%20Documents/Agenda%20Item%2010.%20CYPPB%2029.01.14%20Children%20Families%20Early%20Help%20Prevention%20Strategy%20Front%20Sheet.pdf</p> <p>Charlie Brewster was unable to attend the meeting but forwarded the following update: All Kettering primary schools were invited to send representatives to a training session on starting and running a change 4 life club, 14 schools had a representative at the training delivered by youth sport trust. The training involves a bag of resources and further support to engage with the least active.</p> <p>12 schools are involved with projects specifically aimed at interventions as a result from national child measurement programme data.</p> <p>We have agreed to meet one school a term with Jenna, Dave and Steve from KBC to build on our exciting partnership and plan more effectively.</p>	<p>MP to forward workshop information to JP</p>	<p>MP</p>	
10	<p><u>Date & Time of Next Meeting</u></p> <p>17th April, 10 – 12am.</p>			