

KETTERING HEALTH & WELLBEING MEETING

21st August 2014, 10am – 12pm

Present: Louise Tarplee (NHS Nene CCG, LT), Sue Watts (Age UK, SW), Charlie Brewster (PE & School Sports Partnership, CB), Jenna Bartley (KBC, JB), Russ Howell (Environmental Health, RH), Patricia Dewar (Groundwork / Kettering Voluntary Network, PD), Joseph Pryce (Nene CCG, JP), Stephen Marks (NCC, SM), Rachel Wilson (Accommodation Concern, RW), Debbie Egan, (CAB, DE), Natasha Burne (KGH, NB).

Serial	Issue	Action	Owner	Review/Comments
1	<p><u>Welcome & Introductions</u> PD welcomed the group and introductions were made.</p>			
2	<p><u>Apologies for Absence</u> Apologies were received from John Conway, Rosemary Plum, Kate Holt, and Jo Pettitt.</p>			

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3	<p><u>Matters Arising/Minutes from Last Meeting</u></p> <p>The committee was happy that the minutes of the previous meeting accurately reflected the discussion.</p> <p>The Community Wellbeing services tender bid went in on 11th August after a lot of hard work. PD's understanding is that there will now be presentations given in the first two weeks of September, followed by interviews, with the tender awarded in mid October,</p> <p>CB raised last meeting 'healthy schools initiative' – useful to know what is happening with this as it is one of our actions. Agreed this would be an item on the agenda next time.</p> <p>PD updated on recent meeting: briefly discussed Housing Strategy and the domestic violence and abuse strategy across the county. It was felt that steps were beginning to be taken to improve the communication between the HWB Board and the locality fora. PD was asked to update on the priorities of the forum. More on this under item 6.</p> <p>PD also attended a HWB Board development session including a presentation on a programme called BUDDY for those receiving counselling. This generates a text message frequently throughout the week, patients are encouraged to reply at the time – rather than filling in a whole week's diary entries 20 minutes before entering a session. Questions around whether this system could be adapted for other therapies eg. stop smoking.</p>	<p>LT to take up with Dr Akeem Ali</p>	<p>LT</p>	

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4	<p><u>Discuss Terms of Reference</u></p> <p>The group discussed the draft ToR and suggested the following changes:</p> <ul style="list-style-type: none"> - 1.2 – Define the geographical boundaries by Kettering Borough Council only (remove Kettering locality of Nene CCG as NHS boundaries may change) - 3.2 - Remove priorities as these may change, otherwise requiring updating the terms of reference. Perhaps have the Action Plan as an appendix. - 5.2 – Membership: Include Public Health as part of NCC. Amend School Partnership to Kettering PE & School Sport Partnership. The Group also looked at how we could add a representative from Business. If we invited the Chamber of Commerce / Business Enterprise we could likely always have a representative, alternatively we could invite specific businesses eg. Weetabix. - 7.2 – LT raised that the currently Nene CCG is providing administrative support to the forum. In other localities this is provided by the local council, and it was commented that with changes being made to the Locality Teams Nene may not always be able to guarantee it will have the admin staff in place to accommodate this. This is not an immediate concern as in the meantime JP is happy to continue with this, but it was highlighted as a risk to be aware of. - 7.6 – The minutes of the meeting can also be made available to the public through Nene CCG Kettering Locality’s Patient Engagement Group which also meets every two months. 	JB to take away and investigate	JB	

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5	<p>Review Action Plan</p> <p>The group discussed the Draft Action Plan and where possible assigned Lead Owners for Actions:</p> <p><u>Reducing Pressure on Acute Care:</u></p> <ul style="list-style-type: none"> - Redesign of KGH A&E work on-going. Feedback will come from KGH/Nene. - LT distributed leaflets & literature around choosing services appropriately when working for Daventry locality. Happy to bring these in to next meeting to discuss how we can share a consistent message. There are also opportunities for KGH to be involved in public Health Awareness events to share key messages. It was discussed that we need a stronger understanding of who is attending A&E to ensure we are getting the message to the appropriate people? Difficult to target particular populations eg. large Eastern European population in Kettering whose culture typically involves attending A&E in favour of visiting a GP. 3 urgent care centres have been opened across the county. When these were introduced, demand has gone up and footfall at A&E has not reduced. This is often attributed to poor access to GPs, and the group discussed the reasons behind the shortage of GPs in the area (lack of a teaching hospital, etc.) - The implementation of the SPA for voluntary services will likely need to have the winner of the Community Wellbeing Services bid as the lead. - Nene are at the moment commissioning the CCT. LT happy to take the lead. <p><u>JB and CB to lead on Promoting Healthier Lifestyles actions.</u></p> <p><u>Addressing Inequalities</u></p> <ul style="list-style-type: none"> -The first action will need to be considered by all members when carrying out other actions. - Questions were raised over if the Tenancy Support service is still going to be around going forward. Most funding for vulnerable adults stops at the end of September. Was decided to review when John Conway is present. 	<p>Investigate A&E attendance data to identify targets</p>	<p>JP</p>	

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	<p><u>Improving Support for the Frail & Elderly</u></p> <ul style="list-style-type: none"> - To be amended to 'Frail, Elderly & Vulnerable adults' - Discussed changing wording to clarify action point 'Help the Frail, elderly & vulnerable to maintain their independence in a more manageable home environment' (regardless of housing situation). The services identified for doing this are just as examples. - Age UK as lead owner for associated actions <p><u>Obtain Public Involvement & Feedback</u></p> <ul style="list-style-type: none"> - All. The minutes of the meeting can also be made available to the public through Nene CCG Kettering Locality's Patient Engagement Group which also meets every two months, for comment. <p>Question was raised whether our action plan is dealing with up to date issues, eg. as the Health Profile for Kettering shows childhood obesity has fallen from red to amber compared to national data. However, there are Issues with levels of physical activity in children nationally, as well as with dietary issues, which need addressing by working with both children and parents.</p> <p>What are the issues, why are people reluctant to take part in physical activity?</p> <p>Children are leaving primary school without the fundamental skills of running, jumping, throwing and catching. This means they are already having bad experiences of sport when they reach secondary school.</p>			
7	<p><u>Update from Nene CCG</u></p> <p>Raf has now commenced her new role as Clinical Executive Director for Joint Commissioning & Community Providers.</p> <p>Currently there is a vacancy for the GP Chair role in Kettering. LT will feedback when we know what's happening. Not having a Chair will not affect us moving things forward in Kettering; we now have a Senior manager and are recruiting to the Locality Team so there will still be support and direction.</p> <p>Locally the GP practices are helping to produce the model of how they would like to deliver the centrally proposed Collaborative Care Team scheme tailored to individual localities.</p> <p>SW has been involved with Wellingborough and South Northants in setting up this model, LT will discuss with SW how we could work together in Kettering.</p>			

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8	<p>Update from KBC</p> <p>Go into Libraries to do blood pressure/health checks (Desborough, Rothwell, Burton Latimer, 9-12) and talk about health walks, etc to raise health awareness and promote a healthy lifestyle.</p> <p>Health walks continue to be very successful, with a large network of regular walks and a new walk starting in July which has 10 walkers each week. Public Health are running a 20 million steps campaign in September. The county walks 20 million steps in 3 days. JB is setting up walks on these days and Kettering will also have 2 treadmills in the town centre to contribute to this.</p> <p>Opportunity to signpost to other health events.</p> <p>Weetabix Health & Safety event in June, will now be held 4 times a year. 50-60% men weighed were overweight/obese so they are keen to keep working together.</p> <p>Visiting Snap on Tools tomorrow to do a fun day with weigh ins, blood pressure etc and also looking to arrange this with Asda.</p> <p>JB has contacted Asda for help with ingredients for healthy cooking programmes with schools to make the small amount of funding from Public Health travel further.</p> <p>JB and CB want to put a proposal to the Health and Wellbeing Board to continue the funding for this. Is that something that the forum could support in putting forward if JB and CB bring in a proposal? Questions asked whether there is a set mechanism in place for requests like this to the HWB Board, or even if there is money available for this sort of thing.</p> <p>The aim is to make this programme sustainable and only a small amount of money is required to get it off the ground.</p> <p>Environmental Health have started to do follow up visits from Slips, Trips, Falls workshop to see the effect. There has been lots of positive feedback, with many residential homes now doing exercise programmes. Discussions on how EH can work together with Infection Control on various issues, Hoarders etc.</p>	<p>Investigate whether funding is available from Board / Process for accessing it</p>	<p>PD</p>	

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9	<p>AOB</p> <p>Accommodation Concern – currently making council aware of households that are particularly vulnerable who are unlikely to be able to keep a roof over their heads. Contacted CRI about entrenched alcohol issues in households and making sure they are in touch and have access to that support.</p> <p>KGH’s future vision is to develop into a Healthy living campus, which fits in nicely with Health and Wellbeing Strategy.</p> <p>Funding into primary schools – latest update from NHS is there will be an increasing expectation on schools to shift funding away from sport into physical activity, obesity and nutrition.</p> <p>SM – Children’s centres update: Contracts have now been awarded in 9 areas out of 10 (no contract in Corby so there will be a new tender or new approach). Action For Children will be responsible for all Children’s Centres in Kettering. These have been present in society for some time. Transition went live on 1st August. Delivery Model is slightly different – the Centre focus is on children’s families with additional needs (levels 2 and 3). Libraries will be doing a lot of the low needs level activities (level 1) / support previously associated with children’s centres, and will signpost to children’s centres in cases of increased support needs.</p> <p>SM is changing roles within CC in the not too distant future into the new Public Health Team and may not be attending this meeting in future but will likely be engaging with many of us in future. Good luck to Stephen.</p> <p>RW – who would have data on health outcomes for travelling communities or those from these communities moving into social housing networks?</p> <ul style="list-style-type: none"> - How can we deal with worrying number of people who indicated themselves as either ‘very lonely’ or ‘extremely lonely’. - Continued issue with families unable to afford fruit and veg at the supermarket, we need a market stand. Current provider is only there on Friday and Saturday. How can we encourage somebody to provide this through the week? It is not cheap to trade in Kettering centre. 	Investigate steps that can be taken to address this	RH	
10	<p><u>Date & Time of Next Meeting</u></p> <p>16th October, 10 – 12am.</p>			