

**HEALTH & WELLBEING MEETING  
24 October 2013**

**Present: Dr Raf Poggi (NHS Nene CCG, DRP), Tracey Angus (Nene CCG, TA), Patricia Dewar (Groundwork, PD), Joe Pryce (JP), Rosemary Plum (Public Health, RP), Charlie Brewster (CB), Jenna Bartley (JB), Debbie Mahon (DM), Ann Bodsworth (Women's' Aid, AB), John Conway (JC), Valerie Hitchman (VH), Shaun Birdsall (SB), Sandra Mellors (NHFT, SM),**

Serial	Issue	Action	Owner	Review/Comments
1	<b><u>Welcome &amp; Introductions</u></b> RP welcomed the group and introductions were made.			
2	<b><u>Apologies for Absence</u></b> Received from Rachel Wilson, Pina Sammarco, Debbie Egan, Mike Smeeton, Shirley Plenderleith and Kathryn Joseph			
3	<b><u>Matters Arising/Minutes from Last Meeting</u></b> The committee was happy that the minutes of the previous meeting accurately reflected the discussion.			
4	<b><u>Draft Action Plan</u></b> The action plan draft v4 was discussed, and it was commented that the plan is currently health-focused, and that more voluntary input is required. Small amounts of work/investment can lead to a large improvement in wellbeing, but it may be hard to prove this as a clinical outcome eg. an effect on A&E attendances. Any additions or amendments to the action plan would therefore be welcome; however the committee was keen to begin working towards these goals and didn't want to delay any longer. If necessary, the plan can be amended in March, after learning what works and what doesn't work, etc.	Individuals to send any particular updates to the plan to JP	<b>All</b>	

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4	<p>The Public Health England report highlights the borough of Kettering as being worse than the England average for violent crime, smoking, smoking during pregnancy, hospitalisations due to self-harm, acute STIs, and as an area of health inequality. Comparing the most deprived area of the locality to the least deprived, the life expectancy is 6.7 years lower for women, and 10 years lower for men (&lt;70).</p> <p>It was therefore suggested that greater focus of the action plan was given to health in equalities, as well as health in the workplace (particularly looking at the emerging issue of drinking before/during work on industrial estates). SB mentioned a 2 year strategy for workplace health starting on January 6<sup>th</sup>. This is focused on physical activity.</p> <p>'Early stages of life' was also identified as an area of focus, in particular raising awareness of CAF. It was commented that through CB or through school nurse partnerships are a more effective way of getting information to schools than through head teachers meetings.</p> <p>Concerns were about delays to third sector services being commissioned by NCC. SB will investigate reason for delays and changes in timing, but assured that the tendering process time will be extended to allow for the delays. Third sector services commissioned by NCC and NHS are not synchronised, and this prevents collaborative commissioning. Many services provided cover both strategies, but are having to be contracted twice, causing a lack of resources for other useful services. It was agreed that it would be beneficial to tie in NCC with NHS tendering, and this is the aim. CB commented that collaborative working is beginning and good relationships exist between schools, voluntary etc., however a lot more could be achieved if the commissioning process is improved. How do we work together to get these action points off the ground? Concerns were given around people from a clinical background not grasping what needs to be done.</p> <p>DRP stated that Akeem Ali, director of Public Health &amp; Wellbeing is now also leading on integration of health and social care, and is very keen to do things differently.</p>	<p>SB to bring further information to next meeting</p>	<p>SB</p>	

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4	<p>On an aside, CB wanted to pass onto Akeem (who recently spoke about matching budget input from schools if they all participate) that he welcomed his enthusiasm and innovation, however from a school's perspective, it isn't money that is the primary need. What he requires more importantly is (particularly for head teachers) advocacy, influence and data - specifically on mental health, wellbeing aspects, obesity, etc. SB is putting together an action plan to this effect.</p> <p>DRP also identified the launch of the crisis hub on 5<sup>th</sup> November as an opportunity to improve the way health and social care is co-commissioned. The crisis hub comprises health and social teams including ICT, START and CRT making a closer relationship as one team co-ordinating under one contact number. When the hub is active, it will act as a Test &amp; Learn pilot: we will be able to assess how its working, what the needs are, what's triggering problems (for example, housing issues) and consequently identify the importance of wellbeing services and whether they need to be more heavily involved in the process to prevent repeat appearances. In the long term the hub will be a large partnership of services, and the learning will be brought back to discuss with the HWB forum.</p>			<p>SM said to contact NHFT as they have access to some useful data</p>
5	<p><b><u>Health Awareness Event</u></b>            The partnership discussed the upcoming health awareness day for World Stroke Day (Tuesday 29<sup>th</sup> October), and how best to utilise it. It was suggested that the Public Health England report for Kettering be displayed as well as the action plan draft so that the public could comment on whether they thought the plan effectively matched the needs of the local area.</p>	<p>JP to feedback on success of event</p>	<p>JP</p>	
5	<p><b><u>DECC</u></b>            Following investigation into re-introducing the DECC to Kettering town centre, EMAS have informed that they will not be able to provide the service again due to capacity. If this changes they will contact TA who will update the partnership. In the meantime, it was suggested that there may be alternative providers for the service, eg, St John's Ambulance, first aid providers. PD was volunteered to investigate potential providers.</p>	<p>Investigate alternative providers</p>	<p>PD, VH</p>	
6	<p><b><u>Update from Women's Aid</u></b>            AB updated that Women's Aid is fulfilling contracts successfully and will be offering services when tendering process begins.</p>			

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7	<p><b>Update from Nene CCG</b></p> <p>DRP gave an update on Nene CCG as follows:</p> <p>Nene CCG is fully embracing the Healthier Northamptonshire programme, with the 9 individual workstreams being incorporated into each locality.</p> <p>These workstreams are:</p> <ul style="list-style-type: none"> <li>-Health and Social Care integration</li> <li>-Acute Service Collaboration</li> <li>-Transformation of General practice</li> <li>-Frail&amp;Elderly Implementation</li> <li>-Non-acute urgent care provision</li> <li>-Service cessation</li> <li>-Prevention</li> <li>-Commissioning Pathway-based Care</li> <li>-Finance</li> </ul> <p>DRP is chairing the Frail &amp; Elderly workstream, and is also involved in the integration of health and social care with Akeem.</p> <p>Funding has been put into modernisation (not expansion) of Kettering A&amp;E, and development of urgent care provision at Isebrook to keep pressure off the two acutes.</p>			
8	<p><b>Update from KBC</b></p> <p>JB gave an update on KBC as follows:</p> <ul style="list-style-type: none"> <li>• The healthy cooking programme at Grange School was completed with good results. The feedback showed pupils had improved their relationship with food, it was an enjoyable course and families had asked if they could join, and so they will look to repeat the course in future</li> <li>• JB is now a qualified health walks trainer. The first walk attracted 8 people with two volunteering to be trained as leaders. Looking to progress with walks at Wicksteed.</li> <li>• Kettering sports awards held on the evening of 24<sup>th</sup> October.</li> </ul>			

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8	<p>JC updated on Housing: 17% increase in homeless acceptance. This has had a knock on effect of seeing 32 in temporary accommodation compared to 13 last year. Often these are singles split from couples, and can be complex cases, with mental health issues. Recent bedroom tax has had an effect on putting more people into arrears, and there has been a softening in demand for 3 bed houses. This is a new issue and much work is ongoing to address this shift in demand, including working with private landlords, and talking to housing associations to develop more 1 and 2 bed houses. Home move advice programme provides support to the elderly (largest group for under-occupying) and those with mental health issues to help downsize when necessary. JC can provide future updates as this is currently a dynamic area of H&amp;WB.</p> <p>VH updated on plans to introduce a credit union at KBC during office hours, to help reduce worry and stress about monetary issues. The Kettering and Corby AGM revealed 30% debt for the area. Debt affects mental health, particularly leading to depression etc. and is therefore an extreme crisis. The issue was also raised that there are not enough opportunities for teens to use gyms. Although a lot of schools do have gyms, they are not being utilised – the reason may be due to awareness, self-consciousness, etc. A piece of work is ongoing as to how to increase access. SB suggested speaking to Steve Scales at Corby pool, who has done much collaborative work with schools and colleges.</p>			
9	<p><b><u>AOB</u></b> - PD updated on exhibition at Kettering Conference Centre. Invites to be distributed.</p>	<p>PD to send invite to JP  JP to circulate</p>	<p><b>PD</b>  <b>JP</b></p>	
10	<p><b><u>Date &amp; Time of Next Meeting</u></b> 19<sup>th</sup> December, 10am – 12pm, Council Chamber, KBC</p>			