

KETTERING HEALTH AND WELLBEING PARTNERSHIP WORKSHOP – Thursday 19th February

Thank you to all of you who were able to attend and contribute towards February's Health and Wellbeing Workshop. Please can all partners take a look at the list of priorities and in particular those discussed as potential areas of focus for the partnership. Has anything not been considered? Which are the most important, and do they have tangible outcomes? At the April meeting we can then confirm our priorities and begin to look at projects under them.

Meeting outcomes

PRESENT: Patricia Dewar (Groundwork / Kettering Voluntary Network), Joseph Pryce (Nene CCG), Tracey Angus (Nene CCG), Louise Tarplee (Nene CCG), Charlie Brewster (PE & School Sports Partnership), Clare Culpin (Kettering General Hospital), John Conway (Kettering Borough Council, Housing), Rachel Duthie (Hope UK), Dave Wilson (Northants Fire), Sandra Mellors (NHFT), Stephen Marks (Public Health), Debbie Egan, (CAB), Julie Turnell (Northants Police), (Steve Edwards, Kettering Borough Council, Community Services), Peter Lynch (Health and Wellbeing Board)

Apologies were received from Cllr Ben King, Cllr Eileen Hales, Russ Howell, Shirley Plenderleith, Jenna Bartley, Kate Holt and Rachel Wilson.

The purpose of the workshop was to redefine the priorities for Kettering Health and Wellbeing partnership and to begin identifying ways of working to impact on these issues.

The meeting began with an activity to introduce the members and understand the roles of their individual organisations.

LT (Nene) – Understanding the health needs of the population, and utilising resources and solid clinical knowledge to commission the most appropriate services.

SM (Public Health) – Using education and communication methods to promote Health & Wellbeing in the community, changing people's attitude and encouraging them to take responsibility for their own health.

JT (Police) – The Futures Programme is looking at issues holistically and exploring how communities can take responsibility for their own actions. The vision is to create a virtual or physical Community hub.

DE (CAB) – Offers advice on debts, benefits and other issues affecting emotional wellbeing, and has a good insight into the issues affecting the people of Kettering.

SM (NHFT) – Responsible for providing community health, including both physical and mental, Children's services, school nurses, and many other community-based services.

JC (Housing) – Acknowledging the importance of discharge to appropriate housing; the housing strategy can have a large impact on health outcomes.

RD (Hope) – Education, mainly for young people but will work with adults as well, around drugs, alcohol and sexual health.

CC (KGH) – KGH's 5 year plan involves developing into a Health and Wellbeing campus looking at all aspects of HWB in Kettering.

SE (Community Services) – delivering HWB priorities through working with local sports clubs

CB (School Sport Partnership) – Supports schools in the Kettering district, looking at ways to engage children to become more active and reduce obesity.

DW (Northants Fire) – DW was representing the Kettering Fire Service.

PL (HWB Board) – provides the link between the individual fora and the countywide Board

Attendees were then asked to write down their personal or organisational priorities relevant to Health and Wellbeing; these were added to a whiteboard and grouped into common themes. The issues identified are listed below:

Reducing Violence – eg. Domestic, - Alcohol Related

Smoking prevention, reduction and cessation

Tackling Drug / Alcohol Misuse

Increasing Rates of breastfeeding

Reducing childhood obesity

Increasing the supply of affordable housing – Healthy, safe and warm homes

Improve support to casualties and victims

Reducing crime; street guardians, street watch, etc.

Increase physical activity in all age groups; inclusive and quality physical education, girls intervention

Healthier Workforce (including emotional wellbeing) – own staff and promoting to other employers

Ensure people are aware of and utilising the most appropriate services

Improving prevention, care and quality of life for vulnerable people

More support to enable older people to live independently

Mental wellbeing and social isolation

Reduce Hospital attendances

Reduce inequalities

Engage with Young people, especially those on the verge of getting into trouble, exclusion from school, etc.

'Mass Participation' – encourage people to take responsibility for their own health and wellbeing

Partnership working to deliver more holistic solutions. Work beyond traditional boundaries.

Health promotion and pro-active health management. Improve prevention and encourage patients to seek earlier intervention

Engage the public in developing/implementing ideas. React to needs of local population

Provide lifestyle training, eg. healthy eating and cooking skills

Individual organisation objectives and higher level/non Kettering-specific objectives included:

- Recognise our social and community responsibility
- Support GP engagement and development
- To become an active part of Kettering itself
- Finance & Value for Money – to be sustainable as an organisation whilst delivering the best care
- keep people in the best health & WB possible
- Healthier Northamptonshire
- CARE (Creativity, Aspiration, Resilience, Empathy)
- Contribute to the health and wellbeing of the local community
- Deliver appropriate advice to people when it's required to improve their situation and quality of life

Looking at this aggregated list of priorities, and also considering the Kettering Public Health Profile, the group discussed what the partnership's Joint Priorities might be. This took into account the need to avoid being a mix of both issues and enablers (for example, Networking and integrated working; although this was agreed as an important role of the Health and Wellbeing forum it would not be a specific target.) Additionally it was agreed that the targets would need to be realistically achievable. Suggestions for key priorities included:

- Workforce Wellbeing, as Kettering has the highest rate of sickness absence in the county. Improving the health and wellbeing of the workforce could be applied through partner organisations' own staff and by reaching out to other employers in the community.

- Targeting Alcohol. Again, Kettering has a high rate of alcohol-related hospital attendances. Alcohol

also has a large impact on many of the priorities identified, though some thought would need to be given to how the partnership can realistically impact on alcohol consumption.

- Promotion of healthier lifestyles. It was discussed that this is a huge and very broad area on its own; whilst it could act as an over-arching aim we would need perhaps 2 or 3 specific targets relating to this.

- Making people safe, both in physical and emotional terms. Specific issues within this broad aim include helping vulnerable people / those in need, and empowering people to live independently.

The next step is to confirm the priorities and agree tangible projects under each of them. Partner organisations were asked to consider the proposed issues and feedback their thoughts at the next meeting regarding what they would like to prioritise and any outcomes they think they can achieve.

Some thought was also given to other parties that would be useful to have involved with the group. Suggestions included:

- Councillor Representation
- EMAS
- Women's Aid
- Patient Engagement Group representative
- Community partnerships/businesses*
- University of Northampton*
- Housing Associations*

(*Depending on the priorities chosen)