

## KETTERING HEALTH & WELLBEING MEETING

15<sup>th</sup> October 2015

**Present:** Patricia Dewar (Groundwork / Kettering Voluntary Network, PD), Jenna Bartley (KBC, JB), Nereen Yon (Nene CCG, NY), Louise Tarplee, Nene CCG, LT), Tracey Angus (Nene CCG TA), Rajwinder Gangotra (Public Health, RG), Rachel Duthie (Hope UK, RD), Jayne Evans (NHFT, JE), Mick Berry (Headlands Fire Station Manager MB), Cllr Robin Brown ( Northamptonshire County Council CRB), Sarah Wilson (Kettering Borough Council SW)

Item	Issue	Action Lead
1.	<p><b><u>Welcome &amp; Introductions</u></b></p> <p>PD welcomed the group and introductions were made. Apologies were received from Deborah Mahon, John Conway, Sue Watts, Kate Holt, Shirley Plenderleith, Rachel Wilson, Charlie Brewster and Leslie Thurland</p>	
2.	<p><b><u>Matters Arising/Minutes from Last Meeting</u></b></p> <p>The group was happy that the minutes of the previous meeting accurately reflected the discussion and there were no matters arising not covered on the agenda.</p>	
3.	<p><b>Kettering Future Partnership</b></p> <p>Marie Illingworth from Kettering Future Partnership presented a paper/pack to the group</p> <p>KFP was formed in November 2014 due to budget cuts and welfare reform. The vision and the aim of the partnership were to be twofold:</p> <ul style="list-style-type: none"> <li>• By working together in a more joined up way, we can better use our own resources to be more effective.</li> <li>• And by achieving the first, customer/clients will have better customer journey/experience with improved and quicker outcomes.</li> </ul> <p>One of the first tasks was to launch the KFP website which happened on Monday 12<sup>th</sup> October 2015. The website address is: <a href="http://www.kettering.gov.uk/kfp">www.kettering.gov.uk/kfp</a></p>	<p><b>FYI/Action All</b></p>

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	<p>Anyone wanting to partner up can put their details on the website to join can partner up with KFP via the website on <a href="http://www.kettering.gov.uk/kfpmembership">www.kettering.gov.uk/kfpmembership</a>, alternatively application forms where attached to the paper.</p>	
4.	<p><b><u>Discussion with Cllr Robin Brown</u></b></p> <p>Cllr Robin Brown attended as representative on the Health and Wellbeing Board from Northamptonshire County Council. Cllr Brown is currently the council's Cabinet Member for Public Health and Wellbeing and Chair of the Northamptonshire Health and Wellbeing Board. In order to achieve some of Cllr Browns responsibilities, he is to bring together NHFT, Nene CCG, Borough Councils, voluntary sector, Police Commissioners and Healthwatch to discuss current issues and feedback this information to the Health and Wellbeing Board. Cllr Brown attends forums like this one to get a better understanding of what the health economy is in the locality.</p> <p>Cllr Brown advised that he met with John Wardell, the new Accountable Officer at Nene CCG and feels that the biggest changes can be made by the health sector. Cllr Brown also commented that it was good see good Nene representation at the meeting.</p> <p>Cllr Brown gave an overview of CIC (Community Interest Company). This is a partnership between The University of Northampton, Northamptonshire County Council and NHFT. CIC will be give people a powerful voice locally and nationally. At a local level, Healthwatch Northamptonshire will work to help local people get the best out of their local health and social care services. CIC is due to go live in Northamptonshire in November 2015.</p>	
5.	<p><b><u>Health &amp; Wellbeing Forum working document</u></b></p> <p>This document was shared with the group and TA advised that she made an update to the document. RG commented that everyone needs to add to this document as we need something more tangible to work with.</p>	<b>All</b>
6.	<p><b><u>Update from Nene CCG</u></b></p> <p>LT advised that CCT (Collaborative Care Team) is a Pilot that is being managed by Age UK. Partnerships such as this one appear to be working quite well. Introductions have been made, partnerships formed and priorities have been established. CRB asked to what extent were Nene CCG able to engage with GP's. LT advised that the CCG works closely with GP's and each locality has a GP chair who works closely with a Locality Support Manager. There are weekly meetings between all the Locality GPs to share</p>	

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	<p>information and update on locality issues. Any priorities decided in this forum can be put forward to GP's to share with their peers and Practices. This setup allows for GP's to directly share and encourage good practice.</p> <p>TA will share an update from Nene CCG on Urgent and Planned Care electronically with the group.</p>	
7.	<p><b><u>Update from KBC</u></b></p> <p><b>Turning Point</b>  SW from KBC gave the group an overview of a housing project that she is leading on. The Project is Called Turning Point and is funded by Corby Borough Council, Kettering Borough Council and East Northamptonshire Council. Turning Point will provide shared accommodation for non-priority single homeless people with an emphasis on preventing homelessness when leaving prison or being discharged from Hospital. Additionally, there is support service to help secure alternative accommodation when there is no availability in the shared accommodation.</p> <p>SW shared the referral criteria and referral form with the group. Referral forms are currently available at The Welland Centre, St Mary's Hospital but not at Berrywood yet. JE will give SW contacts to speak with regarding referrals for this service.</p> <p>RG asked about placements of people taking into consideration safeguarding. SW advised that people are very carefully placed through a rigorous assessment to ensure that there is a right combination of people being housed together.</p> <p>TA suggested getting in touch with Deborough and Rothwell Surgery so that GP's are aware and can refer into the service. SW will get in touch with TA to get details of GP.</p> <p><b>Community Services Update</b>  Workplace Health- KBC working with Weetabix to develop annual workplace health and wellbeing plan engaging with partner organisations to deliver. JB will ask Weetabix to attend future meeting to discuss workplace health. JE advised of an NHS wellbeing toolkit which she came across online which is very helpful and re-enforces to individuals that it's their responsibility to monitor their wellbeing. JE will forward link to JB (If possible to do so).</p> <p>KBC have delivered a health MOT event at Snap On Tools in Kettering with 52 people attending.</p> <p>Brambleside School staff are having weigh ins and nutritional advice for 10 weeks with KBC.</p> <p>Alive N Kicking targeted weight management programme has started in Desborough. Walking football in Desborough is now up to 8 regular attenders.</p>	<p><b>JE &amp; SW</b></p> <p><b>TA &amp; SW</b></p> <p><b>JE &amp; JB</b></p>

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	<p>Health walks continue in the Borough with a new one starting from Kettering library run by a volunteer.</p> <p>Learn2B have booked a whole term of wellbeing sessions in Kettering, mainly based at the Cornmarket Hall.</p> <p>KBC ran a 'know your numbers' event for blood pressure awareness week on 18<sup>th</sup> September where 54 people had their blood pressure checked and 52 people had weight checks.</p> <p>JB is working with Parkwood Leisure to recruit staff to deliver activity on referral as this is currently not running in Kettering.</p> <p>The Healthy Child Project run by NCC on which Jenna works 2 days per week on secondment is awards winning (!! ) and was Highly Commended at the NCC awards.</p>	
8.	<p><b><u>Date of Next Meeting</u></b></p> <p>Thursday 17<sup>th</sup> December at Kettering Borough Council, 10am – 12pm</p>	
9.	<p><b><u>AOB</u></b></p>	