

## Kettering Health and Wellbeing Forum

Thursday 18 May 2017, 10.00-12.00

Lahnstein Room, Kettering Borough Council, Bowling Green Road, Kettering, NN15 7QX

### Present

Trish Dewar ( <b>TD</b> )	<b>Chair.</b> Groundwork / Kettering Voluntary Network
Vinny Anderson ( <b>VA</b> )	Citizens Advice Bureau
Tracey Angus ( <b>TA</b> )	Nene CCG
Kanchan Bhanage ( <b>KB</b> )	Health and Wellbeing Officer, Kettering Borough Council
Jayne Chambers ( <b>JC</b> )	Kettering General Hospital
Jayne Evans ( <b>JE</b> )	NHFT <i>attending on behalf of Sandra Mellors</i>
Rajwinder Gangotra ( <b>RG</b> )	Public Health, NCC
Suzanne Jackson ( <b>SJ</b> )	Kettering Borough Council
Charlotte Goodwin ( <b>CG</b> )	First For Wellbeing
Karen Seagrove ( <b>KS</b> )	Nene CCG, <i>Minutes</i>
Sue Watts ( <b>SW</b> )	Age UK

### Apologies

Kirsty Bloomer ( <b>KB</b> )	NCC Public Health
Sonia Bray ( <b>SB</b> )	Healthwatch
Charlie Brewster ( <b>CB</b> )	Southfield School, Kettering PE & School Sport Partnership
Donna Burnett ( <b>DB</b> )	Kettering General Hospital
Lynn Chapman ( <b>LC</b> )	Kettering Community Unit
Richard Cook ( <b>RC</b> )	Kettering General Hospital
John Conway ( <b>JC</b> )	Kettering Borough Council
Debbie Egan ( <b>DE</b> )	Citizens Advice Bureau
Peter Lynch ( <b>PL</b> )	Health and Wellbeing Board
Sean Marshall ( <b>SM</b> )	Northamptonshire Police (Kettering)
Sandra Mellors ( <b>SM</b> )	NHFT
Bill Parker ( <b>BP</b> )	Councillor, Kettering Borough Council
Jenna Parton ( <b>JP</b> )	First For Wellbeing
Jo Pettitt ( <b>JP</b> )	Kettering Mind
Shannon Petrossian ( <b>SPe</b> )	Kettering Borough Council
Russell Roberts ( <b>RR</b> )	Councillor, Kettering Borough Council
Sara Robinson ( <b>SRob</b> )	3Sixty Care Partnership
Sunny Rohit ( <b>SR</b> )	Kettering Borough Council
Louise Tarplee ( <b>LT</b> )	Nene CCG
Kate Williams ( <b>KW</b> )	Groundworks

### 1. Introduction and Apologies

**TD** welcomed everyone to the meeting. Apologies were received as noted above.

### 2. Minutes of the previous meeting held 16 March 2017

It was requested that Diabetes be removed from the Task and Finish Group title, and in bullet point 3 on Page 4, the sentence “.....have information on KGH services” be amended to read “.....have information on local services”.

Once these amendments were made, it was agreed that the minutes provided an accurate record of the meeting.

### 3. Action Log from the previous meeting held 16 March 2017

KB would update regarding actions in Item 5

### 4. Nene CCG Communications and Engagement Strategy

Louise Tarplee was not present at this meeting, this item was not discussed.

### 5. Kettering Health and Wellbeing Forum Task and Finish Group

KB updated the group, the main points were:

- The Task and Finish Group (TFG) members had reviewed the local and national health and care related events, some of the upcoming events were Diabetes, Mental Health and Healthy Eating awareness weeks to be held in June
- On 04 July 2017 1000-1500, there would be a One You public event held at Cornmarket Hall as part of KBC's promotion of the Public Health England One You Health campaign and quiz (<https://www.nhs.uk/oneyou/hay#pYB5Lhf1dkFVqf4y.97>). Representatives would be attending from KGH's Diabetes and Respiratory/ ROCKET team, and First For Wellbeing (FFW). Forum members were encouraged to attend, KB agreed to circulate the event information to the group for onward distribution to their contacts. There was also a series of mini events planned to happen in workplaces such as KGH, Weetabix and RCI
- **(1020 – Jayne Evans entered the meeting)**
- The group discussed FFW being available to provide signposting services to the event attendees on the day, it was agreed that FFW Advisors would be available to provide help and support on the day. When an attendee completed the One You quiz, it could be suggested they speak with FFW if their results indicated this would be useful. FFW Octago assessments would be available to be taken online on the day, although this would be separate from the One You online quiz, and a face to face advice service would be present
- KB confirmed that the focus of the TFG was no longer only Diabetes, it was a wider responsibility of enabling and promoting a healthier Kettering



Kettering One You  
Day leaflet

### 6. Partner Updates

(Papers already circulated)

There were no questions on the circulated Partner Updates.

- Jayne Chambers (JC) provided an update from KGH which had not been circulated prior to the meeting, the main points were:
- Dementia friendly garden at KGH – a suitable piece of land on the KGH site had been identified and agreed for use. Funding had been applied for from multiple streams, including the Tesco Bags of Help campaign which was currently a live appeal in the Kettering store, and Asda had agreed to support the campaign. Additionally, there were other upcoming fundraising events. Approximately £20,000 had been raised so far, with a target of £120,000. A water feature and seating had already been donated, amongst other items, and it had been decided that the garden would have a seaside theme which had been shown to evoke good memories for dementia patients. It was hoped that the garden would open in October 2017, although April 2018 was considered to be a more likely date due to the amount of work required. The group discussed concepts and designs of dementia friendly gardens, including the “wander with purpose” thinking around much of the design; circular walks and wandering spaces with no dead ends. The issue of black spaces and the effect they had on dementia patients was discussed, with the group agreeing that awareness needed to be raised around this issue, such as town centre shops not using black doormats as they represented a ‘black hole’ and prevented those with dementia from entering the premises. Jane Evans suggested JC speak with

Jackie Collins about the Forest Centre at St Mary's Hospital in Kettering and the concepts used to design the outdoor area.

- John's Campaign was being implemented for dementia patients at KGH, more information could be found at <http://johnscampaign.org.uk>
- It was suggested that Local Strategic Partnership Older Person's Conference in November 2017 could be a useful event for Shannon Petrossian or Jayne Chambers to attend and speak at. KB to contact both and discuss further
- Jayne Evans (JE) noted that the 3Sixty Care Partnership update mentioned the development of Same Day Access services, JE had been involved in the Project Leads Group for this and there was a Same Day Hub due to go live at Prospect House in July. The hub would be for the patients of the three practices who were working together and the practice would be able to refer directly into Physiotherapy and Clinical Pharmacist appointments, as well as Mental Health services and FFW. It was envisaged that this service would enable patients to see an appropriate professional on the day, rather than waiting for a GP appointment. JE was grateful to NHFT for enabling her to be able to over recruit for physiotherapists and fulfil the federation/GP services for the initial 12 months
- JE noted that the Rheumatology service (hand therapy) in the North was a seamless service to NHFT therapists. Whereas in the South, the NGH therapists could only see a patient if there had been a trauma
- Sue Watts (SW) noted that the Four Seasons Day Centre in Crow Lane was now open each morning as a coffee shop, it was agreed that the garden there was very good and should be promoted more
- Trish Dewar (TD) noted that Groundworks were now able to offer 'Prescription Gardening' with funding from FFW and KBC, this was used to address wellbeing issues
- KBC were recruiting for a Co-ordinator post following their pilot around Delayed Discharges connected with Housing and KGH and Community Hospitals. An update would be provided at the next meeting
- First For Wellbeing were now holding advisory sessions in Kettering Job Centre on Thursday mornings alongside Adult Learning, all first timer Job Centre attendees were encouraged to attend
- Local Pharmaceutical Committee – local pharmacies had been commissioned to ensure they were carrying out healthy signposting for their customers

## 7. Any Other Business

It was raised that venues were still required for the September and November meetings:

September – Jayne Evans suggested St Mary's Hospital, JE called her office during the meeting and confirmed the Forum meeting could be held in the Oakwood meeting room. KS to circulate updated meeting information to all November - Jayne Chambers suggested the Recreation Hall at KGH. JC agreed to confirm availability and update KS

Richard Cook had highlighted with JC to ask who DCLG are and that they do, as referred to in the Health and Wellbeing Board minutes (page 3), RG agreed to find out and provide information

The group discussed the STP and what it meant to work together

It was suggested that an event or campaign would be valuable to highlight local charitable and fundraising organisations and how people could become involved in their work. For example the Kettering and District Lions Club who raised money for local groups, however it was considered that publicity was limited and the general population often did not know about these groups or how they could benefit from being involved

## 8. Networking

Networking took place from 11.40 until 12.00.

### **NEXT MEETING**

Thursday 20 July 2017 1000-1200

Lahnstein Room

Kettering Borough Council, Bowling Green Road, Kettering, NN15 7QX

DRAFT