

## KETTERING HEALTH & WELLBEING MEETING

20<sup>th</sup> August 2015

**Present:** Patricia Dewar (Groundwork / Kettering Voluntary Network, PD), Clare Culpin (KGH, CC), Jenna Bartley (KBC, JB), John Conway (KBC, JC), Joseph Pryce (Nene CCG, JP), Louise Tarplee, Nene CCG, LT), Rajwinder Gangotra (Public Health, RG), Peter Lynch (HWb Board, PL), Rachel Duthie (Hope UK, RD), Jayne Evans (NHFT, JE), Charlie Brewster (SSP, CB), Cllr Lesley Thurland (CLT), Jo Roberts (Locality Forum, JR)

Item	Issue	Action Lead
1.	<p><b><u>Welcome &amp; Introductions</u></b></p> <p>PD welcomed the group and introductions were made. Cllr Lesley Thurland (CLT) will be Kettering borough's council representative on the Health and Wellbeing Board.</p> <p>Apologies were received from Debbie Egan, Tracey Angus, Shirley Plenderleith, Russ Howell, Sue Watts and Micky Berry</p>	
2.	<p><b><u>Matters Arising/Minutes from Last Meeting</u></b></p> <p>The committee was happy that the minutes of the previous meeting accurately reflected the discussion and there were no matters arising not covered on the agenda.</p>	
3.	<p><b><u>Locality Forum</u></b></p> <p>The Locality Forum has been developed from Early Help forums, which met monthly, involving Schools, VCOs, NCC. Practitioners working with families could raise individual cases to the forum to discuss concerns with the wider group. This was restructured last year to produce a Locality Forum, to offer a strategic role, and Complex Case Meetings taking over the case management side; these occur every 2 weeks. Cases brought must have the parents' consent but can be brought by any professional. Kettering has had over 120 cases raised at these meetings within a year. This incorporates the troubled families programme. GPs would access the support of the forum through a complex case meeting request.</p> <p>A ToR for the strategic Locality Forum was shared with the group. The group aims to be more active in the community, upskilling community staff so that referrals are more appropriate. The same training is provided across the board from Police to Hospital Staff. It was discussed that it would be suitable for Councillors working in the community to receive this training too.</p> <p>Kettering has the second highest incidence of self-harm in KS3 and KS4, and it was decided that the different services would work together on this as a priority. Training was offered to all Secondary Schools in Kettering, with 3 taking up the offer, as well as 5</p>	

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	<p>Police Officers. Each school now has a wellbeing team with a self-harm lead. Feedback from schools who took part has been very positive. This will be reviewed in a years' time to determine how successful the scheme has been.</p> <p>Having completed the project, the forum is now moving onto a second priority. Another key problem in Kettering is the number of alcohol-related admissions of teenage girls to A&amp;E. One obstacle has been a lack of engagement with schools. The group discussed that communication between the schools has improved and may lead to diffusion of the correct training to schools who do not partake.</p> <p>It was commented that there are a lot of VCOs who work with troubled children who would be useful to involve in the strategic meeting, possibly on invitation to discuss relevant issues.</p>	
4.	<p><b><u>Health and Wellbeing Forum Working Document</u></b></p> <p>JP and RG presented the working document draft to the partnership. The document can be used to compare the current provision of services with the 'Breathe' vision for Kettering, identifying any gaps and helping to discover any areas of duplication. The format was approved.</p> <p>It was discussed that it would be useful to have qualitative metrics as well as the quantitative Public Health metrics. It was also commented that some of the indicators utilise old data, and that various members of the organisation could provide more up to date and more appropriate data, eg. relating to housing.</p> <p>The Working Document also needs to capture any Joint working initiatives and working relationships that have materialised through the Health and Wellbeing forum. The group agreed for members to send a summary of any Projects / joint working initiatives to JP and to copy in Tracey Angus. Any proposed metrics data should also be sent through to JP/TA.</p> <p>It was queried if the absence statistics can be drilled down further to determine causes for absence, and whether they are related to issues with family and children. RG will investigate.</p> <p>CC has approached the University of Northampton who have Public Health Students who may be looking to take on this work as a project. It was agreed that it would be useful to have somebody from the University sitting on the forum. A newly appointed Public Health worker has been assisting with the Kettering Area on Health and Wellbeing. CC will invite her to attend to talk about her role.</p>	<p><b>All</b></p> <p><b>RG</b></p>

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5.	<p><b><u>October Meeting</u></b>            Due to the LSP Conference in the morning of 15<sup>th</sup> October, it was agreed to rearrange the time of the next meeting to 2-4pm. The venue is TBC.</p> <p>According to the ToR, a Chair is elected each year. PD has offered to continue as Chair with JB supporting as Vice Chair as there is nobody looking to take on the role, and because the role of Chair is difficult to make an impact within 1 year. PD advised amending the ToR to a 2 year role, for this to be discussed at the next meeting.</p>	
6.	<p><b><u>Update from Health and Wellbeing Board</u></b>            The Board is under-going a period of self-evaluation.            In the immediate term it will be focused on:</p> <ul style="list-style-type: none"> <li>- System Delays</li> <li>- Delayed Transfers of Care</li> <li>- Having the Better Care Fund drive the work on Integrated Care Closer to Home</li> </ul> <p>The Board is recognising the wider determinants of health such as Housing and intends to incorporate these into the strategy.            The Board recently held a Development Day on Workplace Health; a T&amp;F group has been set up that will report to the Board on aspects of workplace health across the county.</p> <p>PL updated on some of the work being carried out in other localities. Daventry Forum has developed a Social Isolation Project and it was commented that it may be worthwhile linking in with the forum to share learning.</p> <p>It was commented that there is a lot of focus on Delayed Transfers of Care from various commissioners and providers and there were concerns from Kettering HWB forum that the Health and Wellbeing Board is now becoming involved in an issue that already has a huge amount of resource focusing on it. It was also queried if there will be a report on what was achieved under the previous strategy before moving onto the next one.</p>	
7.	<p><b><u>Update from Nene CCG</u></b>            Under the Care Home Scheme, GPs will be having a more active role in supporting residents in Care Homes, to ensure early detection of illness and prevent unnecessary admissions. The Quality Team are working with NCC to set a Memorandum of Understanding of what is expected from both the GPs and the Care/Nursing Homes. This will be launched on the 1<sup>st</sup> October.</p>	

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	<p>Age UK are delivering the Collaborative Care Team in Kettering. LT will invite the Care Co-ordinator from Kettering to attend the next meeting.</p> <p>NHS England has asked Nene CCG to put the 111 and OOH procurement process on hold. An update will be provided on the status of this at the next meeting.</p> <p>The Health Bus visited Daventry, Wellingborough and Kettering 2 weeks ago. Over 190 people engaged on the day. There was a lot of positive feedback on the day but also a lot of learning from issues raised. The feedback will be built into Nene CCG's commissioning intentions.</p> <p>The CCG is working on an improving access to General Practice contract to improve the number of contacts per day, ensure all children under 12 can receive an urgent appointment on the same day, and run Saturday Flu Clinics.</p> <p>The new CEO of the CCG, John Wardell, will start the role in October.</p>	<p>LT</p> <p>LT</p>
8.	<p><b><u>Update from KBC</u></b></p> <p>JB will send invites to the LSP Conference for those interested if they are not already invited. The Conference is on 15th October at Kettering Park Hotel.</p> <p>JB is working with Public Health to develop a county wide pilot involving the training of staff to go into local businesses and run assessments on workplace health. The Weetabix Health week was very successful, with 302 health MOTs during the week. JB will continue working with Weetabix.</p> <p>Learn2B sessions at the Cornmarket have been successful. Kettering is now a priority area for delivery of their courses. More dates have now been booked and JB will circulate these when they are being advertised.</p> <p>The National Stroke Organisation have had a restructure and are no longer running the Health Awareness Day. JB instead organised a mini health event in Desborough, and this will be repeated in Rothwell. On the 18<sup>th</sup> September there will be a 'know your numbers' day involving Blood Pressure checks, with signposting to GPs if necessary.</p> <p>The Tenants Cooking Scheme, working with the Housing Team, involves delivering learning sessions on healthy eating on a budget.</p>	

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	<p>Casual staff are currently being trained up for support with this and with activity schemes eg. Health Walks.</p> <p>Eat Out Eat Well – targeted work with restaurants and pubs to encourage healthy eating recipes. This is being led by Shirley Plenderleith. JB is also working with Nourish who are devising healthy eating scripts to provide to schools in the area.</p> <p>The Tenants’ Meet and Greet was saw 200 tenants between the 2 events. This provided an opportunity to engage on certain issues, eg. with the Fire Service.</p> <p>The hotly anticipated Sports Awards return in October. Please make JB aware of any nominations for awards, eg. patients who have become more active, volunteer work, etc.</p>	
9.	<p><b><u>AOB</u></b> Thanks were made to Joe who is leaving Nene CCG, for his 2 years of support to the Health and Wellbeing Forum.</p>	