

Kettering Health and Wellbeing Forum

Thursday 21 September 2017, 10.00-12.00

Oakwood Centre Meeting Room, St Mary's Hospital, London Road, Kettering, NN14 7PW

Present

Shirley Plenderleith (SP)	Acting Chair. Kettering Borough Council
Tracey Angus (TA)	Nene CCG
Kanchan Bhanage (KB)	Health and Wellbeing Officer, Kettering Borough Council
Charlie Brewster (CB)	Southfield School, Kettering PE & School Sport Partnership
Lynn Chapman (LC)	Kettering Community Unit
Karen Clarke (KC)	Speaker. Kettering Borough Council
Teresa Dobson (TD)	Healthwatch
Jayne Evans (JE)	NHFT <i>attending on behalf of Sandra Mellors</i>
Polly Grimmett (PG)	Kettering General Hospital
Suzanne Jackson (SJ)	Speaker. Kettering Borough Council
Peter Lynch (PL)	Health and Wellbeing Board
Karen Seagrove (KS)	Nene CCG, <i>Minutes</i>
Gill Shadbolt (GS)	Speaker. Care and Repair Northamptonshire
Jane Thornton (JT)	Speaker. Northamptonshire Domestic Abuse Service
Jason Urbani (JU)	Northamptonshire Fire and Rescue Service
Kate Williams (KW)	Groundworks

Apologies

Jayne Chambers (JC)	Kettering General Hospital
Richard Cook (RC)	Kettering General Hospital
Trish Dewar (TD)	Chair. Groundwork / Kettering Voluntary Network
Debbie Egan (DE)	Citizens Advice Bureau
Rajwinder Gangotra (RG)	Public Health, NCC
Charlotte Goodwin (CG)	First For Wellbeing
Sandra Mellors (SM)	NHFT
Shannon Petrossian (SPe)	Kettering Borough Council
Sara Robinson (SRob)	3Sixty Care Partnership
Sunny Rohit (SR)	Kettering Borough Council
Louise Tarplee (LT)	Nene CCG

1. Introduction and Apologies

It was explained that Trish Dewar was absent, Shirley Plenderleith agreed to act as Chair for this meeting, there were no objections to this from those present.

2. Minutes of the previous meeting held 20 July 2017

It was noted that an amendment was required to Page 5, Paragraph 4; "Discussions were ongoing regarding a possible partnership and develop into an organisation called Dignity in Crisis" should read "Discussions were ongoing regarding a possible bid regarding the Dignity in Crisis model".

Once this amendment was made, the minutes were agreed as an accurate record of the meeting.

3. Action Log from the previous meeting held 20 July 2017

Action Log Item 13 – The calendar of events was in progress (KB) and would be circulated with the November meeting papers. Action Ongoing

Action Log Item 11 – Louise Tarplee and Shannon Petrossian had made contact, Nene CCG had been invited to take part in the Kettering Borough Council Local Strategic Partnership launch event in October. Action Complete (1010 – Polly Grimett entered the meeting)

4. Care and Repair (Northamptonshire) Limited

Gill Shadbolt spoke to the group about the work of Care and Repair, the main discussion points were:

- Care and Repair would provide assistance to people of all ages who were referred to them, services were provided for free or subsidised using charitable funding and grants for vulnerable clients
- Care and Repair employed five technicians to carry out work, all were DBS checked, wore uniforms, had Care and Repair vans, and carried identification. Specialists were contracted to carry out gas works. There was an in-house workshop for carpentry, electrical works etc
- All technicians had received Trusted Assessor accredited training, this provided training for community staff in the assessment, use and fitting of basic daily living equipment
- The key safes used were Police approved, Care and Repair also offered a broad range of products such as modular ramp services, warm home services, gardening, and bathroom adaptations
- Work carried out in Kettering was a mixture of referrals from partner organisations such as Community Law Service and Age UK, along with direct contact from clients. Work was funded wherever suitable, with ability to pay assessed using several factors, not just means tested or whether on certain benefits. Funding could be provided at Care and Repair's discretion, especially for older people. Care and Repair were not currently working closely with the hospital's discharge teams due to funding limitations, but would always provide assistance when required and discussions were ongoing

ACTION: 1 (#). KS to circulate Gill's presentation to the group with the minutes.

5. Update on Discharge Pilot between Kettering General Hospital and Kettering Borough Council Housing

Suzanne Jackson and Karen Clarke, Kettering Borough Council (KBC), provided an update on the pilot project for Discharges from Kettering General Hospital (KGH), the main points discussed were:

- Karen Clarke had been in post as Housing Options Advisor since July 2017, the post was jointly funded by NHFT and KGH. Karen was located within the Discharge Team at KGH so she was on hand speak directly with patients on site
- KGH/NHFT referred to Karen when there was a delay with a discharge, approximately 35 cases had been referred so far, with an even split between KGH and NHFT patients. Referrals were also now starting to be received from other partner organisations such as Social Services and KBC
- It was noted that KBC's depot had been used to carry out minor home amendments such as lock changes, Care and Repair may now also be considered for this work when required
- The pilot had been funded for an initial 6 months (until the end of 2017) in order to gather evidence on causes of delays and how they could be resolved. It was hoped that the funding would be extended to allow more time to continue building this evidence and work towards a full service. Valuable working relationships were being developed with other Housing Options Advisors at District Councils countywide. Suzanne agreed to circulate some case studies to the group for further information
- Polly Grimett noted that positive feedback had been received from KGH ward teams, including that they had now been able to move some long term patients
- Kettering Community Unit (KCU) were already working with KBC Housing officers, and would link in with this pilot in regards to providing assistance with food and clothing for discharged patients. Lynn Chapman and Karen Clarke to discuss further outside of this meeting
- It was discussed and agreed that the outflow and discharge projects were an important part of the STP (Sustainability and Transformation Partnership) and should be joined up across the county. This Forum could be used to make links and develop partnership working regarding discharges, such as KCU working with the pilot project as discussed earlier in this meeting. The group agreed that working together would

strengthen bids for funding from organisations

- The group discussed and agreed that the pilot discharge project should be presented to the County Health and Wellbeing Board for further discussion and to establish stability and funding for the future. Peter Lynch agreed to provide contact details for the Board, and also to feed up information through Fiona Barber at KGH and encouraged John Conway to do the same
- Polly Grimett told the group that KGH were keen for the pilot to be extended through the Winter period in order to gather evidence for a business case for future funding. It was noted that funding became more complex as it crossed over between hospital and commissioner areas of business. All agreed that the voluntary sector should be closely involved as they worked across all sectors

ACTION:	2 (#). Suzanne Jackson to circulate some Discharge pilot case studies to the group for further information (through KS)
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6. Northamptonshire Domestic Abuse Service

Jane Thornton spoke to the group to introduce the Northamptonshire Domestic Abuse Service (NDAS), formerly Women's Aid. NDAS provided emotional support and assistance to male and female victims of domestic abuse, also working with the Sunflower Centre. NDAS was speaking to local organisations and groups, such as KGH, MIND and KCU, to ensure it was widely known to refer to them. NDAS held a drop-in session at the KBC building each Friday morning, and were working with local GP practices to arrange drop-in sessions.

NDAS could refer for housing assistance, and could also use Refuge for housing and help with any drug or alcohol issues. They could also offer legal advice to assist clients, with a free hour of legal help and links to other legal organisations. Most referrals to NDAS were received from the Domestic Abuse Service helpline. NDAS had 4 officers countywide, Jane was based in Kettering and colleagues in Wellingborough and East Northants DC offices.

The Freedom programme was currently offered to women in Northampton and Corby, and NDAS were looking to set up another programme. Stay Safe programme was still actively offered to younger people, with the aim of breaking the abuse cycle. Workshops were still carried out in local schools. It was noted that Groundworks ran Silent Tears programme for young people, Jane would discuss further outside of this meeting with Kate Williams.

7. Kettering Health and Wellbeing Task and Finish Group Update

Kanchan Bhanage updated the group regarding the upcoming activities around health that would provide an opportunity to work together, the main points discussed were:

- 29 September 2017 was World Heart Day, with October being National Cholesterol Month. KB advised the Group that the 29th had been chosen as the joint action day as part of the T&F Group project
- KBC would be offering free blood pressure checks and as part of the press release around this (29th) Kanchan requested that the group send her details of any of their health related October events for inclusion
- Peter Lynch invited Kanchan to attend a multi-agency cardiovascular workshop being held on 03 October by NCC
- The group discussed various events, it was agreed that Groundworks could theme their Green Patch events in October around the heart, and host blood pressure checks. KGH cardiovascular team and NHFT would provide Kanchan with information on their planned activities, including the cardiac rehabilitation services which were run in communities
- It was noted that Subway offered a Healthy Heart grant to voluntary organisations
- As previously noted the T&F Group Action Plan of campaigns for the year will be circulated with the November minutes.

8. Partner Updates

There were no questions on the partner updates circulated prior to this meeting.

The group discussed the STP and the upcoming changes and activities.

9. Any Other Business

Charlie Brewster informed the group about the upcoming National Fitness Day on 27 September 2017, this included the "10 at 10" which was to encourage everyone to do 10 minutes of exercise at 10 o'clock every day. Charlie also spoke about a pilot project being done with St Mary's School in Burton Latimer, where a cohort of children had been identified as doing no activities and then cross-referred with the Family Support Worker to identify those children who featured on both lists. These children were then worked with to improve their attendance and attainment, the project was also being done with Tim (surname unknown) at KBC. The group were invited to contribute in any way they could.

Kate Williams informed the group that there was a 4 year funding stream as part of the STP which related to the voluntary sector and social prescribing, such as gardening on prescription, art, health walks. It was suggested that the Forum's voluntary organisation members could work together to submit a bid for funding, the deadline was 21 November 2017.

10. Networking

Networking took place from 11.45 until 12.00.

NEXT MEETING

Thursday 16 November 2017, 10.00-12.00
Trust Boardroom, Glebe House (opposite Car Park B),
Kettering General Hospital, Rothwell Road, Kettering, NN16 8UZ