

MINUTES OF SOUTH NORTHAMPTONSHIRE HEALTH AND WELLBEING FORUM

23 June 2015

SNC Committee Room

Present

Cllr. Rosie Herring (RH)	SNC (Chairman)
Julia Johnson (JJ)	Locality Support Manager, NHS Nene CCG
Stewart Moller	Planning and Strategy, NHS Nene CCG
Paula Judd (PJ)	Community Development, SNC
Rob Tracey (RT)	South Northants Volunteer Bureau
Nicola Riley (NR)	Community Recreation & Partnerships Manager, SNC (Note taker)
Ian Davies (ID)	Director Community and Environment, SNC
Kelly Ednie (KE)	SNH – Community Development
Jayne Roycroft (JR)	SNH – Retirement Homes Service
Stephen Grassby (SG)	Serco Leisure
Brian Taylor (BT)	South Northamptonshire Leisure Trust
Jo Webb (JW)	MIND
Barbara Mitchell (BM)	Action for Children
Louise Tustian (LT)	SNC Performance
Tracie Darke (TD)	SNC Community Engagement
Rajwinder Gangotra (RG)	NCC PH Service Development & Relationship Manager
Jo Apea (JA)	NCC Commissioning Manager
Tom Grozdoski	NCC Public Health Commissioner
Ann Bodsworth (AB)	Womens Aid

		ACTION
Item 1.	<p>Welcome and apologies</p> <p>RH welcomed everyone to the meeting and introductions were made. Apologies were received from Paul Calland, SNH; Kevin Fagan CSP; Jo Spenceley, Healthwatch; Louise Tarplee, Nene; Joanne Harrison, SNC; Peter Lynch, NCC; Inspector Tim Pearson, Northants Police; Justin Butlin, Serco; Tracey Dempster, NHFT</p>	
Item 2.	<p>Minutes of Previous Meeting and Matters Arising</p> <p>The minutes of the previous meeting (Paper 1) were read and agreed.</p> <p>Matters Arising:</p> <ul style="list-style-type: none"> • Contact has been made with EMAS with a view to meeting to discuss the development of the Community First Response scheme in South Northants. • PJ had contacted service providers to gather evidence about current provision of contracts previously funded under NCCs Supporting People programme a paper is being prepared by SNCs Housing Team. • There was no update regarding the “high numbers of people seriously injured or killed on roads” indicator. RH volunteered that she would make further enquiries with Northants Police and VOICE. • BM informed the group that Action for Children have a new programme for under fives which will be ready at the end of July. She agreed to circulate details to the group. • PJ had circulated information provided by Charity Link to the group. It was noted that across the county there is a time delay in getting furniture and appropriate support to needy people. KE reminded the group that SNH have a tenancy hardship fund for local people. • Other matters arising were covered on the agenda. 	<p>RH</p> <p>BM</p>

<p>Item 3.</p>	<p>Wellbeing CIC</p> <p>JA presented the background to the creation of the Wellbeing CIC. NCC had discontinued its Community Wellbeing tender in December 2014. A new strategy has been developed, focussed on proposals for a next generation delivery model which will see a reduction in the size of NCC to around 150/200 staff. Four new “social enterprise” type entities will be formed consisting of</p> <ul style="list-style-type: none"> - Wellbeing Community Interest Company - Children’s Mutual - Accountable Care Organisation – providing services to adults - Environment & Transport - much of this provision is already outsourced. <p>The Wellbeing CIC will focus on preventative factors and capture a range of services including Public Health, libraries, country parks and school meals.</p> <p>Discussions are on-going and formal authority to allow the company to operate has still to be given. Two other organisations are engaged in the development of the company:</p> <ul style="list-style-type: none"> - NHFT- established NHS partner; experience in weight management, health checks; GP engagement - University of Northampton – organisational development; research <p>Many existing services have already been decommissioned. Some providers have exited the market and some contracts have continued. Some of these may be migrated to the new CIC and some new contracts may be commissioned.</p> <p>The new CIC will bring together a range of services which are currently isolated to focus on the prevention of ill health (physical and mental) via a standard assessment/triage system and prescribed measures which can include social activities. Tell your story once is pivotal to the concept.</p> <p>The CIC will not deliver everything e.g. day services are likely to continue to be commissioned from other parties.</p> <p>A hybrid business case is being developed and engagement and consultation with providers and service users is on-going. A number of road shows have been/are being held across the County, including one in Towcester which was held on 15 June.</p> <p>A survey has been conducted and although the results are still being analysed high level indicators suggest that sleep is perceived to be the number one issue affecting wellbeing and that people want to be able to access services via GPs and village halls</p> <p>The following questions and observations were noted.</p> <p>Q. Is there a vision for the service that will be provided? A. The emphasis will be on wellbeing and they will have a local focus although the exact mapping of where services are is unclear at this stage.</p> <p>Engagement with GPs will be important to secure their buy in particularly in relation to health checks.</p> <p>The contribution that local organisations, including the community and voluntary sector, can make should not be overlooked. Although the model is based on a countywide approach, local priorities should be factored in at the early planning stage.</p> <p>Q. What is the timeframe for the CIC? A. A paper will be presented to NCCs Cabinet in July and the business case will follow in</p>	
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	<p>September. Assuming everything goes to plan the target will be to establish the company in 15/16.</p> <p>The governance structure for the CIC has still to be determined.</p> <p>The group asked if NCC could provide an update at the Forum in October. JA said that he would arrange this.</p> <p>LT asked for the results from the evaluation survey to be shared once they have been published.</p> <p>JA and TG left the meeting at this point. The group expressed a general disappointment that the commissioners did not stay to hear the remaining items on the agenda.</p>	<p>JA/NCC</p> <p>JA/NCC</p>
Item 4.	<p>Neighbourhood Life</p> <p>SG gave a presentation to the group (Paper 2 attached)</p> <p>The following points were raised:</p> <ul style="list-style-type: none"> • Take up from older people had been slow in the early days but there is a gradual migration from GP referral schemes. • The most successful impact from the scheme is on mental wellbeing. • Local transport schemes/contracts could be factored in to make it easier for people in rural areas to attend the venues. • There are Health and Wellbeing elements written into SNVBs Village Networks and School of Life projects which could be used to help spreading the word or provide transport. • Could look to see whether the project could connect to other programmes provided by SNC and SNH e.g. anti- social behaviour initiatives; community safety; Youth Activators. 	
Item 5.	<p>Summer Training Programme for SN Residents</p> <p>KE explained the Summer Programme to the group. (Paper 3 attached) Sessions are aimed at tenants but are open to all.</p> <p>Young people wanted to for try out some unusual sports but preferred to try taster sessions to test out whether they like it.</p> <p>The activities will be trialled until July in a series of bite sized sessions taking place over 6 days a week. An evaluation of what has been successful/unsuccessful will follow. The next batch of courses will begin in September/October.</p> <p>Local agencies were invited to promote their service in future booklets.</p>	
Item 6.	<p>Nene CCG Operating and Strategic Plan 16/17</p> <p>SM and JJ gave a presentation to the group (Paper 4 attached)</p> <p>A number of key points were made:</p> <p>System resilience continues to be an issue. 20%-30% of ambulance calls relate to falls. Discharge capacity and delays in transfer of care present a massive challenge.</p> <p>There is a predicted £279 million funding gap in 5 years.</p> <p>The current population of 706,000 is expected to grow to 760,000 and the largest increase will be in the 70+ age band.</p> <p>There is a considerable life expectancy gap between areas.</p> <p>Public and stakeholder engagement on the planning process is continuing until August and events are planned across the County.</p> <p>Clinical Commissioning Priorities will be developed over the summer and an update will be presented at the next meeting.</p> <p>An audit of skills, equipment and buildings is being carried out with local GPs to identify capacity to run community clinics in South Northants.</p> <p>Dr Phillip Stevens is carrying out a review of community nursing which aims to integrate different teams so that one nurse is allocated per patient.</p> <p>PML, the GP Federation, are developing a collaborative care service to help and support</p>	<p>SM</p>

	people with complex needs and to ensure that patients are referred into the most appropriate services for them. Evaluation will take place at the end of March.	
Item 7.	News from the H&WBB and other Fora RG gave an update on behalf of Peter Lynch (Paper 5 attached)	
Item 8.	Drug and Alcohol Awareness Training A free training course will take place at The Forum on the morning of Friday 25 September, starting at 10am and finishing at 1.30pm. The course is intended to increase the skills, knowledge and confidence of front line workers and volunteers who engage with people aged 45 and over. It has been sponsored by NCC as a response to research which shows that drugs, including prescription and over the counter medication, and small amounts of alcohol can have a detrimental effect on mental and physical wellbeing as people age. Forum members and colleagues who would like to attend need to let PJ know by the end of August.	
Item 9	<p>Other business</p> <p>Community Engagement SNC TD informed the group that SNC will be hosting a community engagement event at Brackley Town Hall in October. Further details to follow.</p> <p>Healthwatch Recently published the following report which is available on the website, www.healthwatchnorthamptonshire.co.uk/about/docs</p> <p><i>Healthwatch Northamptonshire Annual Report 2014/15-Making your voice count</i> The report was launched at the AGM on 18 June 2015. The report highlights achievements made. Key features include work, based on people's experiences and views, to improve a range of services including secure mental health care; home care; hospital care at Kettering and Northampton; keeping vulnerable adults safe and improving health and wellbeing outcomes for children and young people.</p> <p><i>Healthwatch Northamptonshire asks parents about Health Visiting services</i> Volunteers interviewed 221 parents in 8 locations across Northamptonshire during January 2015. They found that the majority of parents were satisfied with the service in general, especially when they had specific concerns. There were variations in different parts of the county in relation to whether parents receive weaning and dietary advice and how mothers had been feeling before and after birth. A full review of the service has been requested, with further involvement from local parents, before the service moves to being commissioned by NCC from October 2015. The review should ensure that all parents receive a consistent service, including weaning and dietary advice and psychological support.</p> <p><i>Patient experiences of GP services in Northamptonshire</i> 25 GP practices were visited in 2014 and 234 people engaged in discussions. Practice managers were consulted to find out more about how their practice works, what works well and their views on the challenges faced. 5 of the 25 practices were also visited by a Deaf 'mystery shopper' to assess how accessible they were for Deaf patients. Whilst many people are happy with the service they receive from their GP surgeries, difficulty getting an appointment and not being able to see a doctor of their choice are common issues and the needs of Deaf and hearing impaired people are not being met.</p> <p>Recent events <i>The future of health and social care in Northamptonshire</i></p>	TD

	<p>A workshop on The Future of Health and Social Care in Northamptonshire was held in May 2015. 100 members of the public attended along with many other organisations.</p> <p>Delegates heard from representatives from all the local NHS and social care organisations who spoke about recent and future developments and plans including the following:</p> <ul style="list-style-type: none"> · a joined up health and social care plan · joint working between Northampton General Hospital and Kettering General Hospital · how local people will be involved in shaping the plans and future development <p>BBC Look East-West filmed the event and interviewed people during and after the workshop. You can watch the BBC Look East-West Bulletin by following the links on our website: http://www.healthwatchnorthamptonshire.co.uk/news</p> <p>The notes from the workshop will be available soon.</p>	
<p>Item 10.</p>	<p>Dates of Future Meetings</p> <ul style="list-style-type: none"> • 2pm 20 October 2015, The Forum, Towcester <p>Terms of Reference and Priorities will be circulated in advance for review at this meeting.</p>	