

Health and Wellbeing Forum
Council Chamber, Kettering Borough Council
Friday 23 September 2016, 10:00 – 12:00

Present:

Trish Dewar (TD)	Chair. Groundwork / Kettering Voluntary Network
Debbie Abbott (DA)	Vice-Chair of East Northants Health and Wellbeing Forum
Tracey Angus (TA)	Nene CCG
Alan Armson (AA)	Chair of East Northants Health and Wellbeing Forum
Mick Berry (MB)	Northants Fire and Rescue Service
Rachel Bradshaw-Wilson (RBW)	Accommodation Concern
Charlie Brewster (CB)	Southfield School
John Conway (JC)	Kettering Borough Council
Mike Deacon (MD)	East Northants Council
Teresa Dobson (TD)	Healthwatch Northamptonshire
Eileen Hales (EH)	Councillor, Northamptonshire County Council
Susan Hills (SH)	Healthwatch Northamptonshire
Moira Hope (MH)	Borough Council of Wellingborough
Rajwinder Gangotra (RG)	Public Health, NCC
Charlotte Goodwin (CG)	First For Wellbeing
Suzanne Jackson (SJ)	Kettering Borough Council
Ian Jelley (IJ)	Councillor, Kettering Borough Council
Peter Lynch (PL)	Health and Wellbeing Board
Jo Pettitt (JP)	Kettering Mind
Jenna Parton (JP)	First For Wellbeing
Shirley Plenderleith (SP)	Kettering Borough Council
Dawn Richards (DR)	Spire Homes
Graham Ridge (GR)	Wellingborough Health Engagement Group and HWB Forum
Russell Roberts (RR)	Councillor, Kettering Borough Council
Mick Scrimshaw (MS)	Councillor, Northamptonshire County Council
Karen Seagrove (KS)	Nene CCG, <i>Minutes</i>
Lesley Shepherd (LS)	Kettering General Hospital
Helen Statham (HS)	Healthwatch Northamptonshire
Lesley Thurland (LT)	Councillor, Kettering Borough Council
Sarah Ward (SW)	First for Wellbeing

In attendance

Richard Smith (**RS**) Head of Strategy and Corporate Development at NHFT

1. Introduction

TD welcomed everyone to the meeting.

The group were reminded that NCC's 2Million Steps campaign was happening over the weekend 23-25 September.

LS asked for assistance from those present in locating a local business who could attend Kettering General Hospital in order to show black and white films. This was part of the hospital's Patient Entertainment Programme, and was considered particularly valuable for dementia patients. It was thought that there was a local person who provided this service but the details had yet to be found. The group agreed to

pass any information to **TD** who would send to **LS**.

2. Sustainability and Transformation Plan (STP) Update

Richard Smith, Head of Strategy and Corporate Development NHFT, presented an update to the group on the STP and its progress and next steps.

During his presentation, **RS** highlighted that the next round of public engagement events regarding the STP would happen as from the end of October/beginning of November. It was not yet known whether public consultation would be required for any aspect of the STP.

RS informed the group of the National Planning Deadlines for the STP process:

- 21 October 2016 Full STP submissions including an updated finance template
- 30 November 2016 CCGs and NHS providers to share first drafts of operational plans for 2017/18 and 2018/19
- 31 December 2016 CCGs and NHS providers to finalise two-year operational plans.

A question was asked about when NCC's Scrutiny Committee would receive oversight of the STP documents in order to provide feedback. It was noted that the tight deadlines were causing concern over when this could be scheduled in. **RS** acknowledged that the Scrutiny Committee needed to see the STP, **RS** agreed to speak with Paul Blantern (STP Board) and find out when this would happen.

An attendee asked whether there would be improvements in technology within the STP, this was raised by the attendee as she had spent the previous day on duty with an ambulance crew and was impressed with their work, and that of A&E staff at KGH, however it was noted that the EMAS crew completed paper records which seemed to be time consuming **RS** replied that the STP intended to work to resolve the issue of paperwork by improving the electronic systems.

It was asked why there was no mention of District and Borough Councils' Housing Departments, despite the STP intention of more collaborative working across organisations. **RS** responded that the intention was to work closely with the Housing Departments, although this had not been detailed in his presentation. It was noted that **RS** had already started to work with local councils in regards to improving the hospital discharge process, a date and venue was being confirmed for the District and Borough Councils to meet within the next month.

It was asked what the plans were for public engagement. **RS** replied that public engagement events were being planned for the beginning of November. Although the content was not yet known, dates to be issued as soon as possible so people had time to plan to attend.

It was asked how Childrens' Services would fit into the STP. **RS** acknowledged that this was not referred to in his presentation, but would be part of the Prevention & Community Activation area, within Complex Care. The intention was to utilise existing groups and networks, not to create new ones, to implement changes and improve services.

It was agreed that Social Prescribing would have a large part to play in the future, the group felt there were benefits to social prescribing and would be keen to see social prescribing offered to more people.

TD thanked **RS** and agreed that the presentation would be circulated to the group.

ACTION: KS to circulate RS presentation to the group by email.

4. BREAK

11.00-11.15 break

5. Introduction

TD welcomed those who had stayed after the break, and explained that this second part of the meeting was to discuss Kettering Health and Wellbeing Forum and plan for the future.

6. Where We Are Now

RG and **TA** spoke to the group about work done previously by the Kettering Forum, a priorities framework was produced, entitled Breathe, however this was not followed up and no action had yet been taken. Three priorities had been identified –

- 1) Improving mental wellbeing,
- 2) Healthier lifestyles,
- 3) Reducing social isolation.

It was agreed that the group needed direction, to make plans and form task and finish groups to achieve those plans. **TD** emphasised that input was needed from the group, the flow of information and action should be in both directions.

MH spoke about work done by Wellingborough Health and Wellbeing Forum, the main points discussed were:

- A clear Terms of Reference (TOR) was highly recommended to be created and implemented for the Kettering Forum
- **MH** highlighted a section of Wellingborough's TOR which emphasised that the Health and Wellbeing Forum was not an extension of any of the partner organisation, it was an independent group
- A core membership had been created, comprising of 14 members, when task and finish groups were created relevant partner organisations were considered and invited to attend
- Used themes to create task and finish groups, eg, Older People led to a group on Dementia. The other themes noted were Healthier Lifestyles, Alcohol, Mental Wellbeing, and Housing
- It was acknowledged that the support of Borough Council of Wellingborough assisted in sustaining the Forum, **MH** was allocated time to co-ordinate the Forum meetings
- Housing was agreed to be an important part of the Forum, especially with the current issues surrounding the Better Care Fund
- **MH** emphasised the need for partner organisations to feed into the Forum
- A working document is maintained on current work and progress of the Forum and its task and finish groups

The group discussed that the contacts made through the Forum were vital, a suggestion was made to use the second hour of the regular Forum meeting for networking purposes. It was agreed that as already done at East Northants and Wellingborough Forums, circulating written partner updates prior to a Forum meeting would enable the group members to read beforehand and raise questions at the meeting. This would improve the current lengthy process of receiving updates as part of the meeting, and provide additional time to discuss points from the updates.

A question was raised over how the Forum's impact could be measured, it was agreed that an Action Log and RAG rating system, was a good way to track progress, however this needed to be shared with the Health and Wellbeing Board. The group agreed that Kettering locality already carried out a lot of work, however this

needed to be measured and the Forum's priorities aligned with those overall strategies of the Health and Wellbeing Board, but with a focus on Kettering's issues. It was discussed that the District and Borough Council updates to the Health and Wellbeing Board meetings should be measured and rated.

It was discussed and agreed that the Forum's work needed public involvement, with engagement vital.

DA spoke to the group about East Northants Health and Wellbeing Forum's (ENHWBF) work, the main points discussed were:

- ENHWBF were in the same position as Kettering a short while ago, they changed the format of the meetings and refreshed the group
- The biggest change made was to circulate the partner updates prior to each meeting, this allowed much more discussion time on the agenda
- Current priorities were Rural Isolation, Frail and Elderly, Diabetes
- Work was ongoing to get more local partner organisations involved such as the Police
- During work around Rural Isolation and the services available for young people, another workstream emerged – Transport. ENDC were involved in these discussions, although currently there was no additional funding available, planning was taking place as to how to improve these services
- ENDC Housing Department are very involved in the Forum
- Use an Action Log and RAG rating to track progress and ensure items are followed up
- The Forum meets bi-monthly, with the core group meeting on the alternate month to update and generate the Agenda for the next main meeting

6. Update on Kettering and Future Support for Health and Wellbeing Forum

SP updated the group regarding Kettering Borough Council, the main points were:

- The Wellbeing team was being strengthened, and would be comprised of 2.5 officers once recruitment completed. A Team Leader was being recruited, part of their role would be to help TD to develop a work programme for the Kettering Wellbeing Partnership. It was expected that this would take a couple of months to achieve
- **SP** updated on behalf of Julie Trahern, Head of Income & Debt and Customers Services, which included the Social Inclusion Team who reported increasing number of contacts, both from the KBC Contact Centre and from visiting families at home regarding debt and employment issues
- Kettering Futures Partnership now had approximately 60 organisations involved, and was focusing on income, debt, skills, housing and which agencies can help. There was improved engagement with schools and communities, with people asked to visit the website to get involved - <https://secure.kettering.gov.uk>

JC updated the group regarding Housing, the main points were:

- Working with Kettering General Hospital and NHFT regarding patient discharges and what assistance could be given. An officer was expected to be recruited into post before Winter to progress this
- Homes for the Future – the refurbishment and remodelling of the pre-war housing stock was well

underway, the main improvement having been to heating and efficiency of these properties. There were two blocks of 1920s flats located in Hampden Crescent which were approved this week for refurbishment work to commence. These would use solar power for energy

- Make Every Contact Count (MECC) – the Housing team had been trained to ensure they recognised the opportunities to have conversations with tenants to improve health.
- Welfare Reform – there were increased support staff in the Rent Arrears Team, the aim being to help people maintain their tenancies through more support such as financial reviews and good contact. The effect of this could be seen on the numbers of failed tenancies – two years ago there were 28 failed tenancies, this year to date there had only been two

7. Discussion around future of Kettering Health and Wellbeing Forum

Due to over-running, this item was not discussed. It was agreed that this would be the main item at the next meeting.

Core Group to meeting during October 2016 – Date and venue tbc

Main meeting during November 2016 – Date and venue tbc