

Minutes of the Northampton Health and Wellbeing Forum
1.30 pm on Thursday 14th July 2016
The Board Room, Francis Crick House,

Present:

David Atkinson (Chair)	(DA)	Chair, Northampton, East and South Locality Group
Cllr Sylvia Hughes	(SH)	Chair of the Northamptonshire Health and Wellbeing Board
Dr. Eng Ong	(EO)	Locality Chair, NHS Nene Clinical Commissioning Group
Peter Lynch	(PL)	Health and Wellbeing Board Business Manager, Northamptonshire County Council
Muriel James	(MJ)	Chair, Central Locality Engagement Group
Kate Howard	(KH)	Deputy Director of Nursing, Northamptonshire Healthcare Foundation Trust
Sarah Ward	(SW)	First for Wellbeing
Esther Bushell	(EB)	First For Wellbeing.
Shirley Davies	(SD)	Executive Director of Housing Management, Northampton Partnership Homes
Pam Law	(PLa)	Locality Engagement Group
Lynne Jones	(LJ)	Service Manager, Northamptonshire County Council
Phil Harris	(PH)	Head of Housing and Wellbeing, Northampton Borough Council
Jill Spiby	(JS)	Healthwatch
Dr. Peter Barker	(PB)	Assistant Director for Specialist Public Health, Northamptonshire County Council
Sara Horner	(SH)	Northants County Association of Local Councils

Minute Taker:

Cheryl Bird	(CB)	PA, Northamptonshire County Council
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Apologies:

Jane Carr - Chair	(JC)	Chief Executive, Voluntary Impact Northamptonshire
Spt. Mark Evans	(ME)	Early Intervention Lead, Northamptonshire Police
Derry Miller	(DM)	Services Director Age-UK
Louise Tarplee	(LT)	Senior Locality Manager, Nene Clinical Commissioning Group
Clare Rodgers	(CR)	Nurse, St. Andrews Hospital
Dr. Bilal Atique	(BA)	Locality Chair, NHS Nene Clinical Commissioning Group
Nicola Simmons	(NS)	Reed
Michael Robinson	(MR)	Commissioning Manager, Northamptonshire County Council
Simon Favell	(SF)	Wellbeing Partnership Officer, Northampton Borough Council
Jeanette Pidgen	(JP)	Northampton West Locality support Manager, Nene Clinical Commissioning Group
Dr Dipesh Naik	(DN)	GP Representative and Chair of Northampton Central Locality, NHS Nene Clinical Commissioning Group
Louise Shaw	(LS)	Health Partnerships Manager, Northamptonshire Carers

Simon Lloyd	(SL)	St. Andrews
Jane Finch	(JF)	Locality Support Manager for Northampton Central, Nene Clinical Commissioning Group
Kelly Morris	(KM)	Service Relationship and Health Protection Manager, Northamptonshire County Council
Janet Doran	(JD)	Interim Managing Director, First For Wellbeing.
Cllr Stephen Hibbert	(SH)	Northampton Borough Council

1. Welcome & Apologies

DA opened the meeting and welcomed everyone present. DA introduced SH who is the new Northamptonshire County Council Cabinet Member for Health & Wellbeing and the new Chair of the Health & Wellbeing Board.

2. Minutes from the previous meeting 14th April 2016

The minutes from the previous meeting of the 14th April 2016 were agreed as an accurate record.

3. Matters arising

- PL has circulated the commissioning intentions for NHS Nene Clinical Commissioning Group.
- PL is chasing Corby CCG for the production costs for the 'Welcome to Corby' booklet so that he might report back to Stuart Dalton of Nene CCG.
Action: PL
- PL noted that the Chair from the South Northants Forum had advised there have been reports of drinks being spiked within the locality. JC asked ME to see if there have been any incidents for spiking of drinks being reported to the police. This action is to be carried forward to the next meeting.
Action: ME
- The action for ME to circulate a list of workstreams he is currently working on to the group is to be carried forward to the next meeting.
Action: ME
- PL has circulated ME's Early Intervention presentation to the group.
- The action for JC to discuss at the Health and Wellbeing Board the issue of not having pooled investment in prevention and early intervention models throughout the county is to be carried forward to the next meeting.
Action: JC
- The action for ME will liaise with Sabine Coady Schabitz (SCS) about using work from the community profiling project in the North East of Northampton is to be carried forward to the next meeting.
Action: ME
- The action for KM to liaise with SCS about linking work from the community profiling project into the Health and Wellbeing Strategy and JSNA is to be carried forward to the next meeting.
Action: KM
- PH reported that housing and health worked in collaboration on Armed Forces Day and the event had been successful.
- EB advised discussions are taking place at the First for Wellbeing (FfW) Board about the information that will be presented to this group and how it will be presented and this will be discussed at the next meeting.
- The action for JC to raise at the next Health Wellbeing Board meeting, a query as to why there are separate systems for wellbeing within the county, is to be carried forward to the next meeting.
Action: JC
- LJ confirmed that the single point of access for health is to be located in Northamptonshire.

- The action for JC to discuss the issue of not having any representatives from the acutes at these meetings, with the Chair of Voluntary impact Northamptonshire and the Chairs of the Acutes, is to be carried over to the next meeting.

Action: JC.

4. Forum Chairs Group (FCG) Meeting Feedback

DA advised PL has circulated the minutes of the Forum Chairs Group meeting which took place on the 20th April. PL gave the group some feedback from the meeting:

- There is some work ongoing around the mapping of health inequalities which will be circulated to the group once completed.
- JD will be attending the FCG meetings as the FfW representative.

5. Forum Priority One Update - Improving the aspirations and self esteem of young people, in the 11 – 15 year age group:

DA's gave an update on the activities of the Forum Priority One sub group. ME is completing a key piece of work around young people's mental health and ME has provided police data concerning children and young people's issues related to school exclusion and domestic violence within Northampton. DA added there is a clear generational cycle of anti social behaviour if young person is coming from a disturbed family then get into leading to problems with school and once an adult life with employment and their own family. ME is trying to open up discussion about cooperation between GP practices, and agencies working with young people with the possibility of pooling resources to bring in early interventions to try and break this cycle.

ME has made some progress in the Eastern District with the Northampton Academy and Weston Favell Academy which had some of the highest exclusion rates of students in the country. ME is developing a project with the principals of both schools to try and break this cycle with a programme of development and help to help build on their self esteem and self belief. It is hoped this will eventually be rolled out across the county and ME will feedback at the next meeting. JS to ask Kate Holt from Healthwatch to contact Mark Evans about this project.

Action:JS

6. Forum Priority Two Update - Improve awareness and reduce the increase of cardiovascular mortality within Northamptonshire:

PL gave an update on the activities of the Forum Priority Two sub group.

- SW will become a member of this sub group.
- KM is pursuing the possible involvement of Community Law Service, Citizens Advice Bureau and the Benefits Agency, providing signposting to Healthy Lives.
- Discussions are ongoing regarding the possibility of the General Practice Alliance offering NHS Health Checks at Trilogy Leisure Centres as a means improving access to this programme in areas.
- Shirley Davies from Northamptonshire Partnership Homes will join this sub group.
- Activity of Referral previously ran via NSport is under review in order to align the separate initiatives being undertaken within the county with FFW.

7. Forum Priority Three Update - Improve health and wellbeing outcomes for local people 65+:

PL gave an update of the activities of the Forum Priority Three sub group. PL had circulated a final draft template that had been designed to function as a user led key information sheet for wider stakeholders. PLa to e-mail to PL concerns about the information sheet to be discussed at the Forum sib group meeting.

Action:PLa

There was a discussion around concerns over language issues. The Forum requested that two questions be added to the form:

- 'Is English Your First Language?'

- 'If no please list contact details of a person who could translate for you'

PL further advised that the group had discussed the possibility of aligning this piece of work with a relaunch of the Lion's green pot scheme. This Forum approved the Information Sheet subject to the amendments suggested, and approved the proposal to explore possible options to roll it out with the Lions.

8. Northamptonshire County Council Director of Public Health Annual Report

PB gave the group a brief overview of the [Director of Public Health Annual Report for 2015-2016](#). Directors of Public Health for each local authority across the country have a statutory duty to produce a Director of Public Health Annual Report for their area. The annual report provides an opportunity to:

- Raise awareness and understanding of the health and wellbeing of the county;
- Identify key issues and challenges relating to the health and wellbeing of the local population;
- Reflect on work already undertaken by the public health directorate and the continued impact; and
- Identify recommendations for future courses of action to improve health and wellbeing locally, both for the public health directorate and partners.

In Northamptonshire the Director of Public Health Annual Report has been written in a very accessible style that mimics popular newspapers. This approach has been chosen to make the report easier to read and interpret, aiming to be more engaging with the general population. This is in recognition that health and wellbeing is 'everybody's business' and that the report is of relevance to everyone, including those directly involved in the commissioning and delivery of services within the local health and social care economy.

In order to address some of the health and wellbeing challenges in the county, there is also a need to encourage a much wider section of the community to think about their health and wellbeing. 40% of illnesses can be preventable by addressing unhealthy lifestyle behaviours and FfW has been set up to coordinate and deliver preventable services.

Some of the following items are covered within the report:

- The results from a recent Mental Wellbeing survey, which identifies where within the county there are low levels of mental wellbeing and better levels of wellbeing, which is important in evaluating services and planning services for the future.
- Alcohol and its impact on hospital services, as liver disease is the only death rate which is increasing in England. Historically the most deprived areas have the highest alcohol related hospital admissions, but research has shown in the south of the county where the most affluent areas are, alcohol consumption is rising above national recommended levels.
- The refreshed Health and Wellbeing Strategy has been included, which was completed by staff at the University of Northampton and showed good local engagement.
- Adverse Childhood experiences, 10% of adults had four or more adverse childhood experiences, which can be physical, verbal or sexual or witnessing experiences with another member of the household. Research has shown if these experiences can be addressed in childhood then many of the unhealthy lifestyles taken up in adult life can be avoided.
- Social isolation, the Health and Wellbeing Board held a development day on looking at the importance of communities to tackle the problem of social isolation and loneliness, as social isolation can have a negative impact on physical health.
- Late diagnosis of HIV within the county and Akeem Ali is trying to get all the health organisations to agree upon a pooled budget to test at risk people within the county.
- More work will be completed tackling and preventing smoking in younger people and looking at the strengthening tobacco controls within the county.

- Continuing to support the mass participation agenda to encourage inactive people to become active. There will be a 20 million steps launched in a weekend in September, and part of the womens cycling tour came through the county which has had a positive impact on the population of the county.

In the appropriate sections of the annual report, web links have been included to direct the reader to more comprehensive technical information and analysis of the issues raised. In addition to the full version of the report, a shorter summary version of the report will be published as an insert in our local newspapers with coverage across the county.

EG commented GPs are noticing there is a misconception that the use of cannabis has no consequences to a person's mental health and is causing increased attendance to A&E and primary care. PB added more research is needed on this area and the use of illegal highs before services can be targeted.

9. GP Scenario Workshop session

DA advised two GP scenarios had been prepared and themed around issues GPs have patients are attending appointments with that may not be specifically health related. The Forum discussed these and try to identify outcomes that could be aimed at helping GPs deal with these cases.

The first scenario is a 46 year old lorry driver who suffers from depression and anxiety after a lorry crash in 2005, is currently taking lots of medication and had spine operation to help with his injuries. In 2016, a private rent family living nearby began threatening him with violence and the patient came to see EO and was diagnosed with stress. The police were contacted about the anti social behaviour being experienced by the patient but they were unable to help due to lack of evidence.

The second scenario is a patient who is a recovering drug addict, and has personality disorder, was making good progress with his family. But due to a neighbour making noise at night this affected his sleep, physical and mental health. EO had to write two letters to enable him to move social housing and the patient is now recovering and back in employment.

The following comments were made:

- PH advised the Police approach Northampton Borough Council to help resolve housing issues and tenants causing anti social behaviour, SD deals with NBC social housing and PH deals with private rented housing. PH confirmed there is a licencing system in place for private landlords and to deal with problem tenants a case conference would be called involving the police, landlord, neighbours and the landlord will be reminded of the current legislation.
- The LMC funding for the Citizens Advice Bureau to have a presence in eight GP surgeries to provide advice for issues such as housing and debt advice. An evaluation is currently being completed on the benefits of this.
- SD advised Northampton Partnership Homes have experience dealing with people in crisis and problem tenants and early Intervention work is vital in tackling anti social behaviour. SD can track whether any interaction has been made with the problem tenants in in the past offered her support in this to members of the forum.
- JS commented the lack of community cohesiveness leading and community intelligence not being shared at a community level and asked for this Forum voice concerns about the closure of children's centres and community centres.
- PH noted a multi agency approach is the way forward, to improve outcomes and to bring about change to by looking at a different ways patients can access information and assistance, and provide GPs with information enabling patients to be signposted to appropriate services.
- PH to send PL the Homelessness strategy for circulation to the group.

- EB advised that FFW is a single point of access and is operating in some GP surgeries across county and warm handover is made to appropriate surgeries. Where FfW does not have a presence in GP surgeries work is ongoing with the GP federations and locality groups to make sure GPs know services available.

10. Future Forum Format

DA and PL outlined proposals to make the Forum more manageable, productive and effective. PL advised the intention is to expand the current Sub-Group to become a Strategic Executive Committee that would steer the forum and set the strategic direction, whilst the existing Forum dates would operate as larger workshop themed meetings/events enabling greater input from a wider range of partners. DA informed the meeting that should partners wish to influence future agendas they would still have an opportunity to do so via the Forum secretariat. The Forum approved the proposed changes.

PL is meeting with Daniel Kane from 360 Care, the GP Federation for Northampton and it is hoped they will send a representative to attend Forum meetings in future.

11. Any Other Business

DA gave a brief overview of the Royal British Legion Independent Living Service. The Royal British Legion's Independent Living Service covers England, Wales and Northern Ireland offering beneficiaries a high quality, friendly and professional service to live safe and well at home. The Independent Living Service comprises of two services; the Independent Living Advice Service and the Legion Handy Van Service. Support is offered via face to face, over the telephone and email to help beneficiaries work towards goals that are important to them.

Help is offered with:

- Specialist Information and Advice-About Independent Living Options
- Aids and Adaptations
- Assistance with Disabled Facilities Grants and Challenges
- Small maintenance jobs
- Home safety checks
- Winter warmth checks
- Help and support to navigate social services
- Help and support to challenge decisions
- Help to address isolation and loneliness
- Information on local services
- Setting up your own social groups
- Help to understand your rights and speak up

A beneficiary who can use this Service is anybody who has served, is currently serving in the armed forces or are a carer, dependent, spouse or partner of someone who is serving or has served. Contact Details: 0808 802 8080 - Open 8am-8pm- 7 days a week. <http://www.britishlegion.org.uk/get-support/the-legion-near-you/>

12. Date of Next Meeting

The date of the next meeting will be on the 6th October 2016 at 1.30pm in Room 15 County Hall, Northampton.