Suggested Walks:

Roads and Streets are named and paths waymarked.

**Villager Circuit. Less than 1 hour.**
Follow down Manor Road turning right into Little Street. At the junction with Weston Road, turn right onto Church Street and Park Lane, turning right down Magna Road to complete your circuit.

South Western Circular: 1.5 miles, 1 hour.
Follow the Helidon Road down to where a small stream crosses the road. A signed footpath AS1 to Goodworth will be seen on your right. Climb up to where it joins AY8. Turn right until AY1 joins back to the village via Wenham Farm.

**South Western Circular:** 3 miles, 1.5 hours.
As 2, but continue along AY6 in a westerly direction until joining AY12 in the corner of a large field. Follow this path until it joins the Monken Road. Turn right to Magna Farm. Follow Magna Road to Sulgrave village. Pick up AY12 running parallel on the right hand side.

**Barrow Hill Circular:** 3.4 miles, 2 hours.
Follow Manor Road down past Sulgrave Manor. Take the Weston Gated Road until it climbs up to meet Bowbury Lane. Turn left along the lane until AY1 can be reached from the top of Barrow Hill. Take this path which eventually returns to the village via Stockwell Lane.

**Weston Village Circular:** 5 miles, 3 hours.
Take path AY4 from Little Street. At the parish boundary this becomes BR19. Either follow this until it meets the Weston Helidon road, then turn left into Weston. Or follow S61 around behind the village. From Weston pick up the S615 until it reaches the Bowbury Lane. Walk along the lane turning left onto AY8. This returns to Sulgrave via the “Golden Road.”

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A Walkers’ Code

Enjoy the countryside as a friend. its life and work.

Guard against all risks of fire.

Open all gates.

Keep your dog under close control.

Keep to the public footpaths across farmland.

Use gates and stiles to cross fences, hedges and walls.

Leave livestock, crops and machinery alone.

Take your litter home.

Help keep all water clean.

Protect wildlife, plants and birds.

Take special care on country roads.

Make no unnecessary noise.

Scheduled Ancient Monuments are protected by law. Please respect them and all other archaeological sites.

If you experience any difficulty on your walk such as barbed wire, locked gates or damaged stiles and footbridges, please report them to the Principal Rights of Way Officer, West Office, Amers House, London Road, Daventry. Tel: 0345 7040811.

Your general comments on this leaflet and the routes will be welcomed by the Director of Planning and Transportation, Northampton House, Northampton. NW1 8HZ.

Countryside Walks Leaflet No. 35.

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Northamptonshire Countryside Services
is a branch of Northamptonshire Planning and Transportation Department

Supported by the COUNTRYSIDE COMMISSION

Elizabehan Stocks
(County Heritage Site)
The name Sulgrave is derived from the Old English 'Sul' meaning a town or passage and 'grave' meaning a pit or trench.

There has been a village situated on this site for over a thousand years of recorded history. It stands on a low spur in a broad, deep cut valley, the headwaters of the River Tove or Tove.

This area of Northamptonshire stands on a limestone bed. Stretching from the Barton Road to Whidby in Yorkshire Sulgrave is basically a stone village with evidence of local quarrying within the village. Helidon Stone was the main material, and a close building of the elder houses shows that this was in many cases unrestored. The stones, flags, slabs and tiles were mainly of Helidon Stone, and in certain cases a dark red iron sandstone from Eydon was used for facing walls.

**Sulgrave Manor**

Built in 1539 by Lawrence Wasington, a wealthy wool merchant who purchased the Manor of Sulgrave and Stanborough, from Henry VIII, for £744. He lived until the age of 85, and is buried, with his second wife Anne, in the Parish Church, his Gear great grandson, Col. John Washington, probably born at Sulgrave was to emigrate to Virginia, in 1652 after the English Civil War. Col. John was George Washington's great grandfather.

The Manor house was altered by John Hughes in 1770 when to the North Wing was added in the style of Queen Anne. The house was purchased in 1918 by the Anglo-American Peace Committee, fully restored, and in 1921 was opened to the public as 'A Permanent Reminder of the Olden Relationship between the Two English Speaking Nations'.

The Sulgrave Parish Council wish to thank all who have been involved in the production of this booklet and on the way of making of paths.

Based upon Ordnance Survey Maps with the sanction of the controller of H.M.S.O.

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Bowbury lane marks the route of a medieval road. (It was blocked by race to be the king of a more ancient trackway.) In medieval times it linked the market town of Bowbury and Northwinston.

There are clear traces of "ridge and furrow" in this field; the results of ploughing since the days in medieval times.

In medieval times, such ridge cultivation covered most of the lowlands up to the 13th century.

The bridge on the Gwynt mill is beside a bridge over the Roman road. From here, the crossing point of the first to grind corn, both mills are now private residences.

KEY

The distance between the Greatworth and Skidworth roads follow a hedge, which is much older than most in the parish (which date from the 18th century). It is double in some parts, and contains at least fourteen species of tree and shrub, and may be five hundred years old or more.

Northamptonshire County Council

Great Skidded Woodpecker

The disused railway track is that of the Great Central Railway extension, completed in 1849 to link Northampton, Leicester and Rugby to Marylebone. The old brick quarry supplied some twelve million bricks during its construction. The line was closed in 1966. The land is now a valuable wildlife refuge.