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Following the Countryside Code

Remember that the countryside is a living working place and the improvements made to these routes could not be made without the support of the landowners, so please follow the Countryside Code:

- Be safe, plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals and take your litter home
- Keep dogs under close control
- Consider other people.

www.naturalengland.org.uk

If you wish to report a problem or fault please contact Street Doctor
Tel: 0845 601 1113* (charged at local rate)
Email: streetdoctor@northamptonshire.gov.uk or go to our website.

Finding your way

All the paths described in this leaflet are marked by distinctive waymarkers along the route. The map in this leaflet should enable you to follow any of the marked routes. More detailed information about the surrounding countryside and other walks may be found on Ordnance Survey Explorer map 207 and Landranger map 152, covering the Rothersthorpe area.

The Grand Union Canal & Grand Union Canal Walk

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The minimum recommended level of physical activity for adults is 30 minutes of moderate activity 5 days or more times a week. For more information on local walking schemes visit www.west.org.uk

Why not make walking an enjoyable active hobby combining exercise and exploring the countryside.

The Grand Union Canal & Grand Union Canal Walk

The canal ends at Salford but the walk itself continues to central Birmingham where it connects with the dense canal network of the West Midlands. It has a total length of 145 miles with 39 miles in Northampotnshire.

Places Of Interest

1. Church of St Peter and St Paul
2. Turnover Bridge
3. Gayton Junction
4. Rothersthorpe Locks
5. Berry Mount
6. The Chequers Public House

KEY

Suggested Walks Route
Midshires Way/
Grand Union Canal Walk

Footpath
Bus Stop
Stile
Kissing Gate
Footbridge
Toilets
Viewpoint
Seating/Resting Place
Public House/Inn
Parking

Leaflet design and artwork: www.juliabuxton.com

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